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THURSDAY JANUARY 10TH, 2019

**Get ready for 2019 with our Health,  
Beauty and Fitness feature - pages 16-19.**

**Eleven French Bulldogs stolen from  
house - see full story on page 13.**

## Claire's 2018 marathon for Vale Surf Lifesaving Club



**THE secretary of a local sports club ran over 1,400 miles in 2018 after setting herself the daunting challenge of running every day in the year to raise funds for it.**

Claire Connolly, who lives in Rhosce, wanted to provide a boost for Vale Surf Life Saving Club and managed to run a minimum of five kilometres every single day last year. She conquered the 'Beast from the East', which brought heavy snowfalls in February and March, a summer heatwave and torrential rains in November and December.

Claire also completed her 100th park run just before Christmas and started the new year in style with a fine performance at Cardiff New

Year's Day Park Run before heading for Barry Island to help marshal the one there.

She said: "I battled snow, hail, wind, rain, heat, illness and injuries. I managed to complete my year of running every day of 2018 and clocked up a total of 2,325km (1,444 miles).

"I would like to thank everyone who has supported me in this crazy challenge - friends, family, Vale SLSC, Stravathletes and everyone at Barry Island Park Run. The Saturday 5k would not be the same without them!"

Claire managed to raise £395 for the club.

To make a donation go to [www.facebook.com/donate/339334450235892/](http://www.facebook.com/donate/339334450235892/).

TC

## High Street traders support defibrillator battery replacement



From left to right, Anthony Hopkins of High Street Traders, Rose Pitman of Rotary Club of Barry and Bob Armstrong, also of High Street Traders.

ROTARY Club of Barry member Rose Pitman recently visited High Street Traders in Barry to receive a donation from the traders towards the cost of a replacement battery for the defibrillator.

The defibrillator was provided by the club and is located in High Street's Best-One supermarket.

JO

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## Brynhill mourns one of its favourite sons

**ON January 2, Brynhill buried one of its favourite sons when John Collins was laid to rest.**

These days, the term 'legend' is bandied about without much thought or merit. In John's case, however, it is truly appropriate.

In 1971, when junior golfers were tolerated rather than encouraged, two Brynhill members, Digby Lloyd and Laurie Pugh, formed a junior section.

The solid foundations they laid were just the start, because when they handed over the reins to John in 1975, they weren't just passing the baton to someone who would call into the club for a few hours on a Saturday to oversee the junior section; they were bringing in a man who lived, ate and slept junior golf.

CONTINUED ON PAGE 5

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## 'Was 98 bus trial set up to fail?'

**I would like to comment on '98 bus trial won't be extended' (The Barry and Penarth GEM, January 3, 2019).**

It is very disappointing that following a five-year campaign by residents and politicians Cardiff Bus has decided not to continue the afternoon service.

This is very disappointing for those who campaigned for an improved service and have benefited from the service during the trial period.

A big thank you to Elwyn Toozer, a local resident, Alun Cairns MP and more recently Cllr Vincent Bailey for their hard work in trying to improve Cardiff Bus service 98 to King Square Highlight Park.

However, was this trial period set up to fail? Although Cardiff Bus revealed that the response did not warrant a permanent change to the timetable, it has not revealed how it came to this conclusion.

The afternoon service was used, but how many passengers would be required to make the service viable? The way Cardiff Bus operated the trial was neither efficient nor economical.

The three afternoon journeys were operated by the same bus and driver which meant that the bus had a period waiting to commence each journey, a journey between King Square and Morrisons without passengers and a 'Not in Service' journey between Morrisons and King Square before commencing the next service 98 journey. Each 40-minute round journey was followed by a 20-minute non-productive period. How could a service being operated this way ever become viable?

Several years ago, service 98 was created by terminating service 94 at Morrisons. Previously, service 94 ran between Cardiff city centre and Highlight Park, twice an hour, six days a week.

This service was

successful and the difficulties only arose when Cardiff Bus created service 98 to cover the King Square/Highlight Park as part of the journey.

Prior to this, there were four buses an hour between Highlight Park and King Square with the other two buses (service B4) run by another operator.

Service 98 is the only service provided by Cardiff Bus in the Barry area that runs once an hour, mornings only, five days a week. All other Cardiff Bus services in the Barry area (94, 95, 96, 97 and 97A) run twice an hour on at least six days a week.

This may suggest that extending service 94 to Highlight Park, as provided previously, will be more cost effective and provide a way forward. Often the more frequent and reliable a bus service, the more passengers it will attract.

A further explanation is required on the way Cardiff Bus set up and operated the trial and the conclusions drawn from it.

**Mr M P Mitchell, Barry.**

**The GEM provided Cardiff Bus with an opportunity to respond to the points Mr Mitchell made.**

A spokesperson responded: "Regrettably, and despite our best endeavours working with local user representatives and Vale of Glamorgan Council, we have been unable to increase on a regular basis the number users during the afternoons."

"Therefore, we will revert back to the pre-September timetable, albeit with a slight improvement in that the 2.23pm journey from Highlight Park will now continue beyond Pontypridd Road to the Waterfront."

## Readers' Letters

**Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk**

• Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

## Reader accuses local hunt of 'illegal activities', another says it is acting within the law

**IT is inexcusable of the Cowbridge GEM to glorify the contributed photograph by a GEM reader capturing 'the excitement of the crowd,' on such a despicable and illegal event, the Glamorgan Hunt having its traditional entertainment at the expense of defenceless foxes.**

Eighty-five per cent of people are now firmly against fox hunting and although you deemed it a 'good turnout' (your headline) you can be sure that next year there will be a gathering of anti-fox hunting activists demonstrating against this cruel event!

Some say it is part of British culture and should thus be preserved.

There's no need to be a philosopher, however, to realise what's wrong with this reasoning.

The fact that British people (or in fact a very tiny fraction of them) have been engaged in this for generations does not imply that it's a morally justified practice.

It has already been widely denounced online\* and the article forwarded to well-known personalities that are advocates for the protection of all wildlife and have the ears of the masses.

I do hope they too, next year,

will have such 'uplifting' coverage also.

**Jackie Morris, Barry.**

**WHILE I am a rider, I am against fox hunting, but I have no problem seeing one of our local hunts massing in Cowbridge on Boxing Day and New Year's Day and going for a darn good ride in our beautiful countryside.**

In fact, I love to watch it.

I accept that not all people care for this, but I don't care for TV game shows. Each unto their own and live and let live.

However, the vitriol, bullying and downright lies being spread after your recent posts, and let's be clear, you're reporting news, relating to these two hunt meets is astonishing.

The only thing more astonishing are the prejudices and ignorance of the vast majority of those making comments.

Hunting foxes with hounds to have them killed by those hounds is illegal under the Hunting Act 2004.

There are people posting on your social media pages that the Glamorgan Hunt is doing this. They are calling for the

photographs to be used as evidence against the Hunt, but for what? All they show is 90 or so horses, in tip-top condition, about to go out for a gallop!

There is no evidence that the Glamorgan Hunt or its members are in any way breaking the law.

If they are, if anyone has evidence, then surely they should report it to the police?

Unless proven guilty, they are acting within the law and must be allowed to ride and behave as they wish, regardless of whether a small, vicious, vociferous group disagrees.

The bullying and accusations (mostly it seems from people far outside the area) against The GEM are equally bad, and one must admire your moral courage and editorial independence not to cave in, but to report news freely and fairly. I hope you keep it up.

**Sally Blythe, Llantwit Major.**

\*GEM note: Not quite. On Facebook, there were (at the time of writing), 27 negative - some verging on defamatory - comments, two 'likes' and one pointing out that The GEM was merely reporting news. However, on Twitter to very similar article, there were three negative comments and 39 'likes'.

And yes, The GEM will continue to report news and events as any newspaper should.

## 'Thank you all for supporting the Friends and Neighbours group'

**I WOULD like to take the opportunity on behalf of Friends and Neighbours to thank all those who have supported the group last year.**

The group has grown immensely, with some 80 members including volunteers, and we now have a waiting list due to its popularity.

Many lonely and isolated people have joined this friendly social group and have made many new acquaintances and made up with old friends.

The group has enjoyed trips to Abergavenny Market, Forest of Dean, Symonds Yat, Blooms Garden Centre and Evesham with local lunches. It has also visited a pantomime and Wales Millennium Centre to see War Horse, Matilda and Snow White, as well as the monthly meetings at Beryl Road Pioneer Hall.

With Sponsorship from Morrisons, Asda,

Waitrose, Tesco and Barry Round Table, more than 60 members enjoyed a three-course Christmas lunch at Barry Masonic Hall, with entertainment from Barry duo Les and Brian and a present from Santa, thanks this year to Community Matters at Waitrose.

I would like to also thank both AM Jane Hutt and MP Alun Cairns for their long and outstanding support over the years and to The GEM for their support.

Thanks must also go to Barry Town Council and finally, the wonderful volunteers Phyl, Marlene, Pam, Helen, Mary, Sue, Joyce, Sandra and Susan for all their help.

I hope everyone had a lovely Christmas and wish you all a Happy New Year and all the best for 2019.

**Gay Ffield, Coordinator, Friends and Neighbours.**

## 'Schoolgate' is 'a betrayal by Vale Council'

**I am grateful for Peter Graham-Woollard's sympathy and agreement with local concerns over plans to close Llanfarc Primary School.**

But for those of us in Llanfarc and the surrounding area already living with the consequences of this ruinous proposal, I must take issue with two other points in his letter.

First, there are no minimum roll levels for Welsh Government funding, so it is wrong to give that as the reason for Llanfarc's demise. The WAG Cabinet Secretary for Education confirmed as much in response to questions put by Conservative AM Andrew RT Davies (a keen supporter of our campaign).

This and other falsehoods have clouded the consultation process, which I suspect was partly responsible for

Matt Lloyd's decision to resign in frustration.

Second, independent Cllr Penrose may have led the debate as council Cabinet Member for Learning and Culture, but he did so with the full knowledge and support of his Conservative colleagues. With the exception of Cllr Kemp, all the other Conservative cabinet members backed the proposal. And if Matt Lloyd is right, they did so from the very start, which was another reason for his resignation.

Make no mistake: this Conservative-led council has betrayed our community and the proposal sets a dangerous precedent for schools in the rural Vale. Which is why there will be a reckoning in future elections.

**Jim Barratt, Llanfarc**

## 'Have people in Cowbridge concern for the town?'

**I have just visited Crickhowell, which won the Best UK High Street award recently [Cowbridge won the 'Rising Star' award. Ed].**

The residents bought a vacant pub to prevent Tesco setting up there. Can anyone imagine people with such concern for the integrity of their town allowing an incongruous development on their high street like the proposed Exchange Building at The Butts in Cowbridge? Such a design would have been incongruous enough on the sheep market.

Then there is the block of flats on the Aberthorn Road...

**R Bradshaw, Cowbridge.**

### HIGH TIDE TIMES (UNTIL JANUARY 14)

*The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 - 25 minutes later.*

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
10 Thur	08.53	9.1	21.12	8.9
11 Fri	09.29	8.9	21.43	8.7
12 Sat	10.02	8.6	22.23	8.4
13 Sun	10.46	8.2	23.04	8.0
14 Mon	11.34	7.9	23.58	7.8

*While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.*

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## The Glamorgan GEM • Contact us...

**Tel: 01446 774484 • Fax: 01446 774108**

**FACEBOOK: GlamorganGEM / TWITTER: gem\_news • GEMSportNews**

**General Manager: [jan.irving@glamorgan-gem.co.uk](mailto:jan.irving@glamorgan-gem.co.uk)**

**News Submissions: [editorial@glamorgan-gem.co.uk](mailto:editorial@glamorgan-gem.co.uk)**

**Editorial enquiries: [gareth.jamieson@glamorgan-gem.co.uk](mailto:gareth.jamieson@glamorgan-gem.co.uk)**

**Tim Chapman [tim.chapman@glamorgan-gem.co.uk](mailto:tim.chapman@glamorgan-gem.co.uk) / TWITTER @TimGlamorganGEM**

**Philip Irwin [philip.irwin@glamorgan-gem.co.uk](mailto:philip.irwin@glamorgan-gem.co.uk) / TWITTER @PhilipGlamGEM**

**Andy Johnstone [andy.johnstone@glamorgan-gem.co.uk](mailto:andy.johnstone@glamorgan-gem.co.uk)**

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# ‘Did St Paul’s report answer key questions?’ asks local councillor

A PLAID Cymru councillor claims the pre-application report on St Paul’s Church, Barry failed to answer some local residents’ key concerns, writes TIM CHAPMAN.

Cllr Ian Johnson also told The GEM it ignored a request from the Vale Council’s highways department for a more detailed traffic survey of the area.

Thirty-four residents responded to the consultation on the demolition of the church and hall and the construction of 31 flats.

LRM Planning compiled the report and said the scheme was consistent with national and local policies.

Cllr Johnson, who urged people to respond to the Vale Council’s own consultation on the plans, said: “The pre-application consultation (PAC) is required by law, and intended as a way of resolving issues with the local community before the planning application is submitted.

“Unfortunately, this is the latest in a series of consultations which brush off local concerns with short or poorly informed responses – for example a request by the Vale’s highways department for a more detailed traffic parking survey is refused while disappointment at the loss of community facilities is ignored because the Memorial Hall is nearby.

“There have been some limited changes to the proposals as a result of the consultation, but many of the questions asked by residents still remain unanswered.”

A spokesman for LRM Planning said all the comments had received a response.

He said: “LRM Planning received 34 responses from interested local parties, and responses from Barry Town Council and Cllr Ian Johnson.

The pre-application consultation process requires applicants to consider responses received, it does not oblige applicants to amend proposals to address



**Cllr Ian Johnson at the St Paul’s site. He believes the pre-application consultation on the site failed to fully address issues such as traffic, parking and local facilities.**

concerns.

“Notwithstanding that, the proposals at St Paul’s Church have been devised over an extended period of time via consultation with various parties, and all comments raised through the PAC process have been responded to, as required.

“It now lies with the local planning authority to consider the proposals, and any further comments made by interested parties.

“Ultimately, this scheme proposes a development that accords with local and national policies and delivers much-needed housing on a sustainable brownfield site to address a known housing demand.”

A Vale Council spokesman confirmed that the planning application was received on December 12 and that people can comment on the planning register at: <http://vagonline.planning-register.co.uk/PlaRecord.aspx?AppNo=2018/01383/FUL>

TC

# Pleasure park ‘eyesore rubbish’ causes outcry on social media

BARRY Island Pleasure Park owner Henry Danter has told The GEM that piles of rubbish just inside the perimeter of the park will be removed in the next couple of weeks.

He said areas of the park are being cleared so that tarmac can be put down.

On social media, people complained that parts of the site looked like an “eyesore” and that the mess had been there for some time.

Mr Danter, who bought the business in 2015, said: “We are making improvements to the site.

“This includes clearance work and the rubbish will be taken away by contractors in the next couple of weeks.

“You can’t wave a magic wand – there’s going to be some rubbish while improvements are made.

@The aim is to get everything ready for February.”

In 2018, Mr Danter was ordered to pay £35,000 in fines and court costs after his Treasure Island arcade building breached planning regulations.

Gem Reporter



**Henry Danter says piles of rubbish at Barry Island Pleasure Park will be removed in the next couple of weeks.**

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# A little bit of shopping and Christingles for WI



IN November, the Glamorgan Federation hosted a Christmas tree festival in the lovely setting of the orangery in Margam Park, and 32 WIs took part.

There were trees representing the Suffragist movement and poppies were very popular, given the time of year. Other trees were beautifully decorated with pearls, autumn foliage and berries, hand made and crafted baubles of every shape and design. Barry WI had an entry

under the heading of 'A WI Kitchen', brought together by Jean and Vera using many ornaments made by June, Pam, Sue, Pat and other ladies from the group, including mini aprons, recipe cards, oven gloves, cakes and pastries and lots more.

Sixteen ladies from Barry visited and enjoyed not only the trees but the entertainment provided by children from a local school choir and orchestra. We are looking forward to the next event in two years' time.

On November 30 a

trip to Trago Mills was planned and we set off to empty our purses at the retail park nestled in the Merthyr Valley. The area is stunning with wild scenery and is a walker's paradise. We all shopped and shopped and after coffee, then lunch, we got back in the coach to visit Cyfarthfa shopping area just across the bridge.

On December 4 our social afternoon meeting was taken up with making Christingles. Jean had provided all the necessary equipment, candles, holders, candy, nuts and dried fruit to decorate; not forgetting the red ribbon which represented the love for the world. We had lovely mince pies made by June and we all lit our Christingles in the darkened hall.

On December 5, 10 ladies joined Rhosue WI on a trip to Bristol to enjoy the Christmas street market. Despite the weather doing its best to put us off a good time was had by all and plenty of shopping accompanied us on the return journey. Our thanks to Rhosue WI for the invitation to join them on their day out.

The following week an invitation to Sully WI Christmas carol service was appreciated and many of our group attended and enjoyed tea and mince pies afterwards. The knit and natter group went to the Tyneddyd Inn for their annual festive lunch date, where we all enjoyed a great Christmas dinner.

Later that day we enjoyed another lovely carol service in Wenvoe followed by more yummy mince pies.

We finished off December with our annual Christmas party complete with good old fashioned entertainment. The committee entertained us with

a Women's Institute take on the 12 Days of Christmas. A hilarious Wonderbra sketch finished off by members bearing tassels and grins. A fabulous buffet was laid out with festive food and the raffle was well organised. Our thanks go to the committee for organising this afternoon.

Sadly, we heard from our president Barbara that Marie Carter, one of our longest attending members had died; and we will remember her with happiness.

We finished the year with a visit to the pantomime at Barry Memorial Hall and laughed and shouted our way through an excellent performance of Beauty and the Beast.

We hope all our members, friends and associates had a lovely peaceful Christmas and look forward to the New Year with all its planned trips, meals and social events.

Each New Year the WI Federation national resolution is decided on, so why not consider your own New Year resolution to try something new - maybe by joining a worthwhile institution which provides companionship and friendship. Every year our branch, Highlight Park WI, with suggestions from our members, endeavours to support some local charity in some way. We also aim to spread companionship in the community, and we try to do this and fundraise by holding our popular coffee morning, sometimes a summer tea party, along with other social events: to become involved in the community and have fun and enjoyment.

DB



## The Gobaith gang makes a 'splash' at Island dip

THE first 'Gobaith Am Barri' fundraiser of 2019 took place at Barry Island on New Year's Day.

Wearing #itsoknottobeok t-shirts, friends, family, children, and even the odd dog, swam in Whitmore Bay on January 1 to raise funds for a Barry Suicide Support Centre.

SVJ

## Does leaflet drop offer a clue to general election?

THERE'S speculation that local MP Alun Cairns might be preparing for a general election after the Conservative Party organised a leaflet drop in Llantwit Major - just weeks after a previous leaflet drop.

Over the weekend Theresa May warned that the UK faces "uncharted territory" if Parliament failed to back the Brexit deal she has agreed with the EU. MPs will decide on the deal next week and if it's voted down Labour might push for

a no-confidence vote to force a general election.

Last week, Llantwit Major residents received a leaflet in which Mr Cairns addressed issues such as transport, local business and schools, along with photographs of himself with local groups.

The GEM asked Mr Cairns whether he was preparing for a possible general election and he told us: "Over the past eight years, I have given year-round updates on my local work in Llantwit Major and across the Vale.

"Whether it be a community led campaign or fighting an injustice, I will continue to communicate directly and regularly with residents on my championing of the Vale of Glamorgan as a great place to live and work."

Llantwit resident Mr Harris said: "When you get another leaflet from Alun Cairns, the second

in the space of eight weeks, which repeats claims he made previously, it appears he is desperate to get votes in a forthcoming election.

"It is clear that Mr Cairns is spending his time canvassing local people because he is desperate to keep his seat."

Local councillor Gwyn John agreed that the leaflet drop appeared to be electioneering. "It looks that the gloves are off and an election might be just around the corner. It could be declared as early as January 15 when the Commons' vote on Brexit is held and Mrs May is favourable to lose the vote."

Other parties in the Vale told The GEM they were ready if an election was called. The Labour Party's prospective parliamentary candidate for the Vale, Belinda Loveluck-Edwards, said: "I am prepared for an

election and eager for the opportunity to put Labour's case before voters across the Vale.

"I will continue to campaign all year round to make sure people know how Alun Cairns and this Tory government are failing our families, our communities and continue to treat Wales with utter contempt."

Plaid Cymru councillor Ian Johnson, who finished third in the Vale in the 2017 election, said: "A third general election in four years would prove the Westminster system is broken, and shows why our Welsh Parliament should have more powers in future, including welfare and media.

"If an election is called, Plaid Cymru will be fighting to make sure Wales gets the funding we deserve, and use that money to improve our hospitals, schools and transport."

TC



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## Barry Men's Forum returns

THE forum resumed after its Christmas break and welcomed Christina Retter, who is the sales executive for Cardiff Airport and has spent many years working in that business.

The forum meets every Thursday at Holy Trinity Church, Aberystwyth Crescent, Barry at 9.45am and new members are always welcome; further details from Mac Tanner on 01446/738713.

PDGG

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# 'Scatter Garden' opened at cemetery



**JUST before Christmas, Barry Town Mayor, Cllr Janice Charles, opened the 'scatter garden' at Merthyr Dyfan Cemetery.**

A spokesperson said: "The garden was created in response to numerous enquiries from members of the public asking for a place where they can scatter the ashes of loved ones."

"It provides relatives with an alternative to other cremation services offered in the cemetery."

The garden is located adjacent to the recent extension area and in peaceful surroundings.

Around the garden are three flower beds which have been planted with a variety of bulbs that will flower throughout the year to enhance the heart-shaped construction.

The cemetery was recently awarded the bronze standard in the Charter for the Bereaved.

"The charter is a written statement of", said the spokesperson, "...what can be expected at the time of a bereavement and enables members of the public to judge the quality of services received".

The award is credited to all the staff in the cemetery and the cemetery administration team in the main town council offices.

The spokesperson added: "The council hopes to introduce 'coffee and chat' days in the chapel in the cemetery."

"Bereaved people will be able to go in and have a coffee and chat to other visitors to the cemetery and meet a variety of service providers and bereavement organisations, and the first of these is likely to take place in March."

DC

# Club pays its respects to John

**CONTINUED FROM PAGE 1**

Organising everything from coaching to transport, John, with help from Carole Allen, was instrumental in bringing through dozens of golfers who would go on to win regional and national honours.

Three of John's protégés, Stephen Dodd, Kyron Sullivan and Rhys Davies, went on to play on the European tour, with Dodd partnering Bradley Dredge to win the Golf World Cup for Wales.

As a course, Brynhill has always punched above its weight, but the amount of success John helped the club achieve is bordering on the ridiculous.

With a conveyor belt of junior talent spanning decades, the Barry club saw its members win numerous Glamorgan Junior Team and individual championships, Welsh Boys Championships, British Junior and Senior Amateur Championships,

Welsh Girls Championships – the list is endless and the common denominator in all these victories was John.

Notably, Stephen Dodd won British Amateur Championships, Calvin O'Carroll British Boys Championships and Iestyn Taylor Welsh Amateur Championships – they all won in close proximity to each other.

The inevitable happened, and John was asked to assist first with the county and ultimately with the Welsh junior set up.

John was also awarded the Sir Michael Bonallack Award for his services to junior golf from the R&A.

Brynhill, of course, remained his first love. So thank you, John, and rest in peace knowing your legacy lives on.

Alan Sweeney



*At John Collins's wake at Brynhill Golf Club (from left to right): James Grundy, Andrew Dodd, Paul Murphy, Calvin O'Carroll, Iestyn Taylor, Scott Warne, Jamie Griffiths (vice captain), Dave Collins (John's son) and Kyron Sullivan.*

# Scouts post news

**THE 1st Penmark with Porthkerry Scout group ended last year with its biggest fundraiser, Scout post.**

It was another successful year, so thank you to all the outlets and people who sold stamps and collected mail, to those who helped with the sorting and of course, to all Beavers, Cubs, Scouts, Explorers and their families who helped to deliver the 7,457 cards to Rhooose and the surrounding villages.

The end of the year was not all about post though. Beavers took part in a hike to Porthkerry followed by a sleepover at Penkerry hut.

Scouts and Explorers had a night hike from Colwinston to St Brides with a sleepover at the Scout lodge there.

Scouts were invested into the Explorer unit, Fourouvs. All sections

made articles from paracord bracelets to snowmen to sell at the Rhooose Christmas Market.

There was the Gang Show at the New Theatre in Cardiff, enjoyed by all who attended and starring two young people from the group, Lisa Grice and Tom McGivern.

Finally there was the Lifeguard concert where Beavers, Cubs and Scouts performed their Scouting Christmas songs.

The group's next fundraiser is on January 26 where The Shameless will be performing at the Rhooose Social Club. Tickets are £5 each and can be purchased from the group or from the club. Please come along and support.

If you would like more information about this Scout group, then please contact the group Scout leader, Martin Evans on [gsl@penmarkscouts.org.uk](mailto:gsl@penmarkscouts.org.uk)

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# “Look after our heritage – before it’s gone forever” – Plaid demands

**PLAID** Cymru councillors **Nic Hodges** and **Steffan Wiliam** have called on the council to take action in order to preserve the site of **Barry Castle**.

Cllr Nic Hodges said: “We have already informed Vale officers that buddleia is growing on Barry Castle, but nothing has happened to remove it or make the brickwork safe.

“It’s an invasive weed and it’s already having a destructive impact on the stone brickwork. As you can see, a number of stones have fallen. It’s only going to get worse if not addressed.”

Cllr Steffan Wiliam added: “Under the Conservatives, the Vale Council has made deep cuts into its resources and staffing, particularly



in the visible services department. However there is a statutory obligation to look after Grade 2 listed buildings.” The Plaid councillors are keen to secure a museum for Barry and regard the castle as an important part of the town’s history. Cllr

Hodges concluded: “The castle was the seat of the de Barri family and built in the 13th century, though it lies on top of an even older site. We need to look after our heritage before it’s gone forever.”

## Camera Club round off year with two meetings

A combination of the calendar and Christmas and New Year holidays forced a severely curtailed month at Barry Camera Club, with sadly only two meetings possible.

Our programme started on December 7 of the month with a visit from Tim Knifton (AWPF, CPAGB, AFIAP, PSA\*7), a widely exhibited and published travel photographer who this month showed us a new facet to his skills – that of drone photography. Tim specialises in recording and portraying the derelict and abandoned buildings and machinery that he and his team locate in their travels around the world and his programme tonight featured work he has undertaken on visits to Italy, Spain, Portugal, Greece and the UK.

Tim has a very strict set of rules and never enters a building forcibly or removes anything. Neither he nor his team would vandalise or damage any part of a building and wherever possible he obtains permission to enter these buildings which have been abandoned mainly due to earthquake damage, or sometimes for no apparent reason other than economic.

The program started with a series of images of asylums and hospitals, followed by industrial units such as a cotton mill and a knitwear plant which featured some very fine detail in the pictures of the turbine and steam rooms, helped by Tim’s use of high dynamic range photography.

The evening went on to include images taken from a drone. Tim has limited himself to the UK for his drone photography due to the uncertainty of foreign regulations controlling the flying of these things, but the images he showed gave us a whole new perspective on landscape photography. This was a display of extremely high quality work which was much appreciated by the members and we look forward to welcoming Tim again next year.

December 16 saw us welcome old friend of the club Jenny Hibbert. Fresh from her success as Nature Gold Medal winner from the Photographic Alliance of Great Britain Masters of Print, an event which attracts entries from across the UK, Jenny came to give a presentation entitled ‘The Essentials of Being a Wildlife Photographer’ and she gave us, as a club, a treat.

Jenny is a highly respected specialist in nature photography and took us on her travels around Europe and beyond, sharing images of polar bears, white tailed eagles, owls and dippers from her local river, not to mention her award-winning image of two foxes captured in her daughter’s garden.

Along the way she was generous enough to share the tips and tricks which go into creating a compelling wildlife photograph. Chief among these were patience – that willingness to wait for hours to catch that special moment, together with a commitment to going out in all weathers.

She also shared top tips on equipment and settings for aspiring wildlife snappers. It is no surprise that Jenny is considered to be one of the best wildlife photographers on the club circuit in Wales. We had a treat!

Throughout 2019 we have a full programme of talks, demonstrations, photographic expeditions, competitions and inter-club battles planned. New members are particularly encouraged and will be made most welcome with a programme being prepared especially for the new and less experienced photographers to allow them to quickly gain more proficiency and satisfaction from their hobby.

For more information visit [www.barrycameraclub.co.uk](http://www.barrycameraclub.co.uk).

## A ramblers’ winter walk takes in the best beaches

**CONTINUING** the Ramblers Festival of Winter Walks into 2019, a group of seven walkers joined leaders **Jan** and **John** to walk three beautiful Barry beaches.

Heading through Cold Knap gardens beside the lake built during the 1920s in the shape of a Welsh harp, they made their way up onto the promenade with its views across the vast expanse of pebble beach towards Rhose Point.

At Watchtower Bay, a descent across the pebble beach and a rather wonky makeshift stony bridge over the stream led them onto the firm sand at Watchtower Bay and up stone steps onto the breakwater.

They crossed the headland in front of Friar’s Point House which began its life as the Marine Hotel when it was built by Francis Crawshaw, the name was changed to the Pier Hotel by JD Traherne and then again in 1873 when it was given its present name by Lord Windsor.

Barry Island or Ynys y Barri remained an island until the 1880s when it became joined to the mainland after the arrival of the railway and the advent of the docks.

By the turn of the 19th century Barry Island was attracting visitors and a seawall, the promenade, shelters, toilets and pleasure gardens were erected at Whitmore Bay. Crossing the wide expanse of sand they reached the eastern end of the promenade near the climbing wall, continuing their journey along the Clements Coast Walk and passing the National Coastwatch Institute, they were able to enjoy views of Sully Island with misty views of Flat and Steep Holm in the Bristol Channel.

Making their way across Jackson’s Bay which is named after the Civil Engineer and contractor Sir John Jackson (1851-1919) who worked on the construction of Barry Harbour, the Deep Water Lock and Graving Dock at Barry, they climbed the cliff path to Redbrink Crescent with its great view over the harbour.

From Dyfrig Street steps they went down to the Dock Hill then along Clive Place and Clive Road and the Waterfront for the descent to White’s Cosy Corner. Then following Harbour Roa, known locally as the causeway, they headed back through the Parade Gardens set out on what had been farming land to complement the grand houses on the Parade, then along Lakeside to return to their start.

On January 12, catch the 8.47am train from Penarth Railway Station for the rail journey to Pentre followed by an 11-mile moderate walk back to Treherbert; contact John R on 07844 844 533.

On January 13, meet 9am at Cogan Leisure Centre for an 8.5-mile moderate walk from Rhossili, along the beach to Llannennith for lunch at the King’s Head before the return via Rhossili Down; contact Robin on 029 2051 4051.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, then please contact the leader for advice. For up to date information log onto [www.penarthramblers.wordpress.com](http://www.penarthramblers.wordpress.com) and Facebook. Programmes and membership advice can be obtained from Pam on 029 2025 5102.

**Joy Strangward**

## Cadoxton Youth Project

**ON** December 27, Cadoxton Youth Project held its Christmas meal at Cadoxton Methodist Church, to which representatives of local groups were invited.

Geoff Horton was invited with the 372 Squadron Air Cadets, who helped out at this year’s event with cooking, taking orders and serving the meals. The children were able to take part in a colouring-in competition as well as a fancy dress competition in which they were judged by special guests (Batman and Robin, or was it Del Boy and Rodney) and they won prizes for each competition.

Everyone who attended was given a free meal and dessert which they all enjoyed, and were given feedback forms to fill in; also there was a raffle

draw. Cheques were given to the following groups and organisations:

Marie Curie, Ty Hafan, Cadoxton School, Barry Beavers Disabled Swimming Club, MS Socialty and the 372 Squadron Air Cadets. Barry Beavers Disabled Swimming Club were given a cheque for £500, received on the club’s behalf by Abby Finch and Nicholas Cushen.

Cadoxton Youth Project and Team would like to thank 372 Squadron Air Cadets for all their help during the event; ‘Batman and Robin’ for attending, Vale Homes, Communities First and GVS for funding and supporting the event and all the volunteers for all their help, much appreciated by all.

NC

## Will eagles dare in Barry?

**BARRY** Action for Nature is organising a number of wildlife coffee morning talks.

The first talk will be held on Saturday, January 19 at the All Saints Church Hall starting at 10.30am and running to 12 noon. Entrance is open to everyone and costs £5 which will include coffee/tea and cake.

The first speaker is Sophie-Lee Williams from Eagle Reintroduction Wales.

ERW is a research project investigating whether the landscape is able to sustain two native lost species, the white-tailed eagle and the golden eagle, both of which were once widespread across lowland, upland and coastal areas of Wales until the late 1800s.

For more information about the coffee morning or Barry Action for Nature, please call 07855 329942 or email [barryactionfornature@gmail.com](mailto:barryactionfornature@gmail.com).

## Rhose Community Cinema

**GET** ready to sing and dance, laugh and love all over again when Rhose Community Cinema begins its winter/spring program with *Mamma Mia! Here We Go Again* (PG),

showing Saturday, January 12 at Stewart Road Community Centre.

Doors open 6.45pm, screen time 7.15pm; bar/snacks available. Tickets £5; further information from Jo on 07986 907151.

## Defibrillator donation for CAVRA



**Ivor Davies (left) of CAVRA and Fred Johnson of the sports and social club.**

**THE** Civil Aid Voluntary Rescue Association (CAVRA) in Sully received the donation of a defibrillator, thanks to the Saving Lives Foundation.

The unit will not just be used by CAVRA; it will also be available to locals.

CAVRA chairman Ivor Davies said: “When the unit is not in use by us on rescue missions, it will be at Sully Sports and Social Club for use by the people who use the site for bowls, rugby and football, in addition to the many other social activities there.”

CAVRA had a busy 2018. The group provided some 10,858 hours of voluntary service, estimated to be worth

£141,154 to the area Mr Davies said: “We helped to rescue nine people and help a further 95 over the last 12 months.

“The most notable of these was the rescue of three people whose car was stuck in deep snow-drifts near Cowbridge. The team assisted a further 76 people during the snowy weather.”

CAVRA also helped to evacuate a 53-year-old female runner who stumbled and injured her knee on the cliffs between Llantwit Major and Atlantic College.

The team secured funding recently for sonar equipment to search for people missing on the water, and it has already been used in a search at Barry Dock for a suspected missing person.

## Samone chanted; evening was an ecumenical matter

**RIGHT:** Monique Samone. **THERE** was a capacity audience at the first concert of the new year in Dinas Powys.

Now in its 32nd year, the New Year’s Day performance of the Ecumenical 7 was a success, and he band played a wide selection of music.

The guest soloist was Monique Samone from Australia.

Miss Samone is studying to obtain her Master’s in advanced vocal studies, at the Wales International Academy of Voice under the tutelage of tenor Dennis O’Neill.

Jane Samuel was the excellent pianist on the day. Dr Haydn Jones led the band and the audience



thoroughly enjoyed his amusing comments.

There was a back-up team to ensure the event ran smoothly: Judie and Non, the door staff, Mike Hartrey and Richie Cravin behind the bar, and the kitchen team. Keith Hatton was in charge of lights and sound.

CF

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# Company digs deep to help hospice garden project

**SOUTH Wales business Neal Soil Suppliers (NSS) worked closely with Costain to refurbish the memorial garden at Ty Hafan children's hospice, which was completed late 2018.**

NSS supplied its expertise by removing and managing waste materials from the site.

In 2015 Costain were approached by Ty Hafan about supporting a major project at the hospice involving the re-design and refurbishment of an established memorial garden.

In order for this project to be successful, Costain required a number of partners, one being NSS.

As Costain came close to completing the memorial garden, the volume of waste soils, wood and other materials had increased to a larger than expected volume. Costain approached Neal Soils to explain the

charitable work they had undertaken to date at Ty Hafan and asked if they would be interested in providing a price for the removal and management of the waste materials.

When NSS understood the history of the project, they were happy to join the team and offered to collect, haul and manage the waste materials free of charge.

Liam Neal, commercial and contracts manager of NSS, said: "We were delighted when Costain asked us to be a part of this project. Ty Hafan is a fantastic local charity and the garden will provide a peaceful space for bereaved family and friends to remember their loved ones."

Mr Neal added: "It was an honour for Neal Soil Suppliers to be involved and I hope that the garden will be enjoyed by both the children and their families in the future."



## Paul and Shane at school of hard knocks

**RIGHT: Paul Watkins and Shane Williams tried out wheelchair rugby and discovered it has its own brand of big collisions.**

**FORMER** rugby player Paul Watkins heads for Everest base camp in April in a bid to raise funds for the 'Wooden Spoon' charity.

Paul, who lives in Rhosneigr, and former Welsh rugby legend Shane Williams were keen to learn about the sort of help the charity provides for young people.

Paul explained: "Shane and I went to Southampton and played wheelchair rugby with Solent Sharks. It is a pretty brutal sport

with big collisions. Shane and I had a tough time.

"Wooden Spoon pays towards the wheelchairs which cost between £3,000 and £4,000 each. Wheelchair rugby encourages youngsters with disabilities to get involved in the sport and have a great workout.

"There were great people there who use the sport to get on with things, despite their disabilities."

He added: "The Everest challenge is getting close and we will soon start training in oxygen limited chambers."



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## BARRY SIXTH FORM OPEN EVENING

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Welsh Secretary  
**ALUN CAIRNS**  
reports to  
GEM readers

# Vale MP looks back on superb year for the area

**A**S we enter 2019, I would like to begin by wishing everyone a very Happy New Year.

Readers will be aware from my column before Christmas, I'm incredibly positive and optimistic as we look towards the New Year.

Locally, the regeneration of the Barry and the Vale is continuing, jobs are being created and we are attracting high level investment to the area. Once again, I worked with many excellent community organisations on a range of initiatives over the course of the last year and I am looking forward to continuing

this work in 2019. This included raising more than £3,000 for the Royal British Legion through my 100 Wreath Commemoration, in which 100 local school children laid 100 wreaths to mark 100 years since the end of the First World War. I'd like to pay tribute to the local businesses

who donated, the schools who got involved and the Royal British Legion who work tirelessly to support our service men and women and veterans. I also ran my seventh London Marathon to raise money for local causes, which amounted to over £10,000. This was split between Atal Y Fro, a local women's aid charity, and children's charity NSPCC.

Soon be revealed, and I will once again be very grateful for donations to support their work. One of the key projects that I worked on last year involved helping to make the Vale a more Dementia Friendly community, so that those living with dementia do so within a more tolerant and understanding environment.

Alzheimer's Society to hold Dementia Friendly training in Llantwit Major, beginning the process of creating a Dementia Friendly Llantwit. It was a great success, with many members of local community groups getting involved and we've now launched a focus group which will work on getting businesses and other members of the community involved.

Area Business Manager Michael Grist OBE, for services to law and order; Stephen Marsh BEM of the Metropolitan Police Service for services to policing; Richie Paines BEM of South Wales Police for services to policing, and Catherine Watkins BEM for services to education and to young people in Rhosce. I was very sorry to hear that Catherine had sadly passed away before she could receive the award.

I want to pay tribute to these individuals who have achieved their honours through years of dedication to public services in many different forms, all of which contribute to bettering our community.

Also recognised in the Honours list is Alan Peterson, who I worked with last year while I was raising funds for NSPCC Cymru through running the London Marathon. Alan is the NSPCC's Appeal Board Chairman and has received a thoroughly deserved OBE for his services to charitable fundraising in Wales.

I'm very much looking forward to the next 12 months, championing the Vale and doing all I can to support regeneration and job creation. If I can ever assist you with any matters, please be in touch and I will be more than happy to help.

Among those honoured included are Consultant Clinical Oncologist Professor Thomas Crosby OBE of Velindre Cancer Care for services to cancer services in Wales; The Crown Prosecution Service's

Best wishes for 2019.

Best wishes for 2019.

Best wishes for 2019.

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## Warm tribute paid to Barry police inspector



**SOUTH Wales Police have announced "with great sadness" the death of Detective Inspector Terry Hopkins who passed away on Monday, December 24.**

Terry was stationed at Barry CID and had previously worked in Cardiff and Pontypridd. He was married and a father of three children.

Bridgend and Vale of Glamorgan Divisional Commander, Chief Superintendent Stuart

Parfitt, said: "Terry was a fantastic detective – hard working and enthusiastic and a great ambassador for the communities of south Wales that he served."

"Terry was a hugely respected member of my team and everyone is totally shocked and devastated to hear of his death. Our thoughts are with his family, friends and colleagues at this very sad time."

Terry's family have requested privacy at this time.

## Volunteer in 2019...

**WHY not let the New Year be the start of something new? Make a New Year's resolution to get involved in volunteering.**

Glamorgan Voluntary Services (GVS) promotes 500 volunteering opportunities across the Vale. Volunteering covers a huge range of interests which include, sports, befriending, hospitals, environment, support, driving, elderly, computers and technology, charity shops, caring, youth work, administration, substance misuse, fundraising, marketing, and many more.

However much time you have to give, we can help you find a volunteering opportunity that is right for you.

Volunteering can offer enormous benefits. You can build confidence, improve health and well-being, gain a reference, meet new people, add

structure to your day, gain new skills, enhance your CV and gain practical experience.

An attendee at a recent event said: "I had an interesting experience at the Llantwit Major Mini Volunteering Event. I picked out the Cardiff and Vale Credit Union to volunteer with because it was different compared to the other organisations available. I found it would help me to develop the skills I want to improve on."

Visit our website or social media accounts for further details about our volunteering events in 2019 which includes our Big Volunteering Fayre in January.

Make a difference, come and see us and see how you can get involved. Call us on 01446 741706 or visit gvs.wales.

## GORCHYMYN CYNGOR BRO MORGANNWG (A48 (RHAN) Y BONT-FAEN) (CYFYNGIAD CYFLYMDER 30MYA) (DROS DRO) 2019

Ar 10 Ionawr 2019, gwnaeth Cyngor Bro Morgannwg wrth arfer ei bwerau dan Adran 14(1) Deddf Rheoleiddio Traffig Fyrd 1984 a'r holl bwerau galluogi eraill Orchymyn a fydd yn gorfodi'r hyn a ddisgrifir yn yr Atodleni isod.

Daw'r Gorchymyn i rym ar 14 Ionawr 2019 neu ar y dyddiad y bydd yr Arwyddion Traffig angenrheidiol mewn lle pa un bynnag ddaw olaf a gellir gweld copi o'r Gorchymyn yn y cyfeiriad isod yn ystod oriau swyddfa arferol.

Os ydych am gwestiynu dilyswydd y Gorchymyn neu'r darpariaethau ynddo ar y sail nad ydynt yn unol â'r pwerau a ddylfarnwyd gan y Ddeddf uchod neu ar y sail nas cydymffurfiwyd ag unrhyw un o ofynion y Ddeddf, neu unrhyw offeryn a wnaed dan y Ddeddf mewn perthynas â'r Gorchymyn, gallwch, o fewn chwe wythnos o 14 Ionawr 2019, wneud cais i'r Uchel Lys at y diben hwn.

### ATODLEN 1

Ni fydd unrhyw berson yn achosi neu'n caniatáu i gerbyd modur deithio'n gyflymach na 30 m.y.a. yn y lleoliad a nodir yn Atodlen 2 isod.

### ATODLEN 2

**Lleoliad:** Yr A48 o Gibbets Hill, y Bont-faen i'r lôn ddi-enw sy'n arwain at Eglwys St Brynach.

**Rheswm:** Mae'r cyfyngiad yn cael ei weithredu i alluogi gwaith i wella'r ffordd.

**Hyd:** O 0.01 ar 14 Ionawr 2019 am hyd at 18 mis.

Dyddiedig 10 Ionawr 2019  
Cyfarwyddwr Amgylchedd a Thai  
Cyngor Bro Morgannwg, Yr Alpau,  
Gwenfô. CF5 6AA.



## THE VALE OF GLAMORGAN COUNCIL (A48 (PART) COWBRIDGE) (30MPH SPEED RESTRICTION) (TEMPORARY) ORDER 2019

On the 10th January 2019 the Vale of Glamorgan Council in exercise of its powers under Section 14(1) of the Road Traffic Regulation Act 1984 and of all other enabling powers made an Order the general effect of which is as described in the Schedules below.

The Order will come into operation on the 14th January 2019 or on the date that the necessary Traffic Signs are in place whichever is the later and a copy of the Order may be seen at the address shown below during normal office hours.

If you wish to question the validity of the Order or any provisions contained therein on the grounds that they are not within the powers conferred by the above Act or on the grounds that any requirement of the same or that any instrument made under it has not been complied with in relation to the Order, you may within six weeks from the 14th January 2019 to the High Court for this purpose.

### SCHEDULE 1

No person shall cause or permit a motor vehicle to travel at a speed greater than 30 mph in the location specified in Schedule 2 below.

### SCHEDULE 2

**Location:** The A48 from Gibbets Hill Cowbridge to the un-named lane leading to St Brynach's Church.

**Reason:** The restriction is being implemented to allow new road improvement works to take place.

**Duration:** From 0.01 Hours on 14th January 2019 for a maximum period of 18 months.

Dated this 10th day of January 2019  
Director of Environment and Housing  
Vale of Glamorgan Council, The Alps,  
Wenvoe. CF5 6AA



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# **STOP THE DESTRUCTION OF COWBRIDGE'S CHARACTER!**

## **Object to the Plans for the Old Sixth Form Site**

Planning Application 2018/01408/FUL

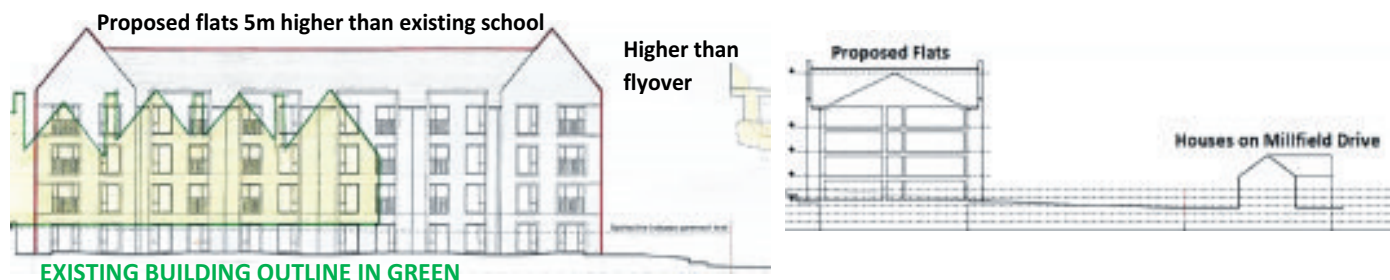
Hafod Housing Association, a social housing landlord, have applied to:

- **DEMOLISH THE OLD SIXTH FORM BUILDING ON ABERTHIN ROAD**
- **REPLACE IT WITH 48 SOCIAL RENTAL UNITS** made up of:
  - **5 three storey houses** and a
  - **4 storey block of flats:** 31 one-bed and 12 two-bed flats



### **WHY OBJECT?**

- **THE DENSITY OF THE DEVELOPMENT** is considerably higher than outlined on the Local Development Plan which calls for 20 dwellings on this site, not 48 as proposed.
- **THE DEVELOPMENT'S SCALE AND CHARACTER** is not in keeping with the two storey houses immediately neighbouring the site or within the context of a rural town like Cowbridge. The block of flats will be **5m higher than the existing building and higher than the flyover**. It will tower over surrounding houses
- **INSUFFICIENT PARKING PROVISION** for the development and an inadequate assessment of the impact of additional traffic on Aberthin Road
- **LOSS OF AN HISTORIC BUILDING AND DESTRUCTION OF A YEW TREE.**



### **HOW TO OBJECT:**

#### **1. OBJECT DIRECTLY TO THE PLANNING DEPARTMENT: DEADLINE 24<sup>TH</sup> JANUARY**

By email: [developmentcontrol@valeofglamorgan.gov.uk](mailto:developmentcontrol@valeofglamorgan.gov.uk) Quote ref 2018/01408/FUL

By post: Head of Planning and Transportation, The Vale of Glamorgan Council, Civic Offices, Holton Road, Barry CF63 4RU

Online: <http://vonline.planning-register.co.uk/plancomment.aspx?AppNo=2018/01408/FUL>

#### **2. SIGN THE PETITION at [www.change.org](http://www.change.org) Search for 'Aberthin Road'**

We will be also be in Cowbridge town from 10am-4pm on Saturday 12<sup>th</sup> and 19<sup>th</sup> of January if you wish to sign in person

e: [oldsixthform@gmail.com](mailto:oldsixthform@gmail.com)

Old Sixth Form, Aberthin Road

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# Bereavement service is launched by local hospice



A SPECIALIST bereavement service for families who are dealing with the grief of losing a child is being launched at Tŷ Hafan, thanks to a £20,000 grant from South Wales Freemasons.

Tŷ Hafan, based in Sully, offers support and care to life limited children, young people and their families throughout Wales.

The grant from South Wales Freemasons comes through the Masonic Charitable Foundation, funded by Freemasons and their families and friends across Wales and England.

The bereavement service will be based in a specially designed summer house near the hospice's memorial garden. Hannah Williams of Tŷ Hafan said: "It will allow us to extend the care and support that families so desperately need by creating an appropriate dedicated therapy space and recruiting a pool of experienced, specialist therapists who can offer a service based on individual need."

Robert Payne, the charity officer of South Wales Freemasons, said: "This is a hugely important project that will support people at their most vulnerable time." Brad Watson's son Archie was referred to Tŷ Hafan in 2013 and died when he was two and a half. He said: "As a father who has lost a child, it's not easy. Coupling a visit to the garden to remember, plus having the opportunity to talk in an environment where there is total comfort will be incredible for the wellbeing of those who need this."

## Quilters' meeting

THE monthly meeting of Glamorgan Quilters takes place on January 12 at Ystradowen village hall from 10am – 2pm.

This month features members' demonstrations and a bring and buy 'stash' sale. Guests welcome for £5 charge. Why not try something new for 2019, we are a friendly, helpful and supportive group from all over Glamorgan with a common interest in quilting and sewing.

SS

## 'Underweight' seal pup rescued from Vale beach

AN underweight seal pup, which, reportedly, was found exhausted and with an injury under its chin, was rescued from the beach between Aberthaw and Gileston just before Christmas.

The rescue took place on December 22 and the seal was then transferred to an animal charity centre in England that evening for a "period of rehabilitation".



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# Winter SALE

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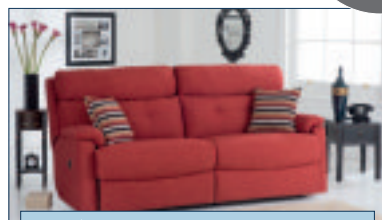
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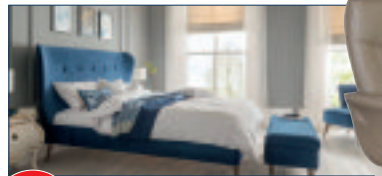
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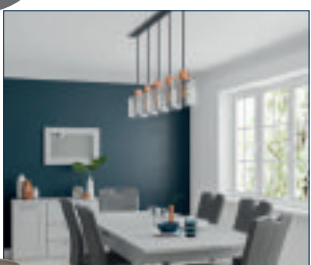
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# Eleven French bulldogs stolen from Barry house



Five of these dogs were stolen, but not the black one.

**SOUTH Wales Police is appealing for information after a burglary in Barry in which 11 French bulldogs were stolen.**

The burglary took place in Hillary Rise, Barry, on January 4, at around 9am.

Eleven French bulldogs were taken which included five adults and six puppies. The stolen dogs were three lilac and tan adults (one male and two female), one sandy coloured female adult, one white female adult, as well as three white puppies (one male and two female) and three lilac and tan puppies (one male and two female).

A blue Mercedes E220 convertible index number KV15 YXX was also stolen along with a large quantity of cash and two-high value watches.

The watches stolen were a stainless steel men's Cartier watch from the Ballon Blue de Cartier range and a stainless steel men's Hublot Big Bang Aero watch with a dark leather strap.

Detective Constable Stephen Jenkins said: "Needless to say the owners of these dogs are devastated."

"This is a heartless crime and we have concerns for the dogs' welfare."

"We are appealing for anyone who may have been offered any of the dogs or items for sale to come forward. Anyone with any information is urged to contact us via 101 quoting reference 1900004131 or you can call Crimestoppers anonymously on 0800 555 111."

Officers hope to collar those responsible for the theft.

# 'Master Mariner must be saved' say locals

**REGULARS at the Master Mariner Public House have formed a campaign group in a bid to save the business.**

Last week, The GEM reported that a Vale Council report said it could be demolished and replaced by flats or a GP surgery because SA Brain Ltd didn't believe it was a sustainable business.

The report was due to be considered at a Vale Cabinet meeting on Monday this week, but was deferred to a future meeting.

A 'Save the Master Mariner Committee' has been formed and supporters are holding a meeting this Thursday at 7pm.

They claim the council report was incorrect in saying it was difficult to make the business sustainable and had been "closed for several months".

A spokeswoman for the group said the business was viable, and went on: "The last time it was closed was in 2002. It reopened in 2005 and has not shut its doors for one day since. It has been open from 12 noon to 12 midnight seven days a week."

The spokeswoman said it provided a vital

service for local people: "We have a Thursday club for people with learning difficulties which over time has built up from 10 people to around 40 people."

The pub also has skittles teams, pool teams and recently hosted a Christmas party for 80 children.

The spokeswoman added: "If the pub closed it would break the community's heart."

Local councillor Julie Aviet agreed that it was more than just a pub: "The Master Mariner is not just a local watering hole. It has become a community hub."

"In an area lacking in community facilities, the closure of the pub would tear the heart out of Gibbonsdown."

A spokesman for SA Brain told The GEM: "We will continue to offer our full support to our partners who are currently operating the Master Mariner and as with all of our pubs are looking at all possible ways to develop our business going forward. In this case we lease the site from the council and naturally are keeping closely in touch with them."

TC

# Oodles of poodles!



**MAX and Misha are six-year-old Standard Poodles, and are extremely playful and love to socialise with other dogs when out and about.**

They came into the centre together, and the intention is to rehome them both to the same home.

They can be a bit bouncy at times, so children in the home will need to be 14 years and over. Max and Misha are loving and affectionate, and together they will be rewarding additions to your home.

Canine carers Robyn and Jo said: "Max and Misha are a joy to take out and about as they love meeting new friends. They certainly brighten up your home."

For more information, visit [www.dogstrust.org.uk](http://www.dogstrust.org.uk).

# Mayor's charity afternoon tea

**THE Barry Town Mayor, Cllr Janice Charles, will be holding an afternoon tea and prosocco in the council chamber at Barry Town Council, 7 Gladstone Road, Barry, CF62 8NA (the annexe to the Memorial Hall and Theatre) on Tuesday, January 22, from 2pm until 4pm.**

All proceeds are in aid of the Barry Army Cadets, Barry RAF Cadets, Barry Round Table and Barry Rotary Club.

21x3

# Royal British Legion's tour for D-Day veterans

**THE Royal British Legion has announced that in partnership with Arena Travel, they have chartered a ship: the MV Boudicca, to provide a fully funded tour for 300 D-Day veterans.**

Each veteran is able to bring one carer who will

also be fully funded.

The following link gives details of the planned event: [www.rbl.org.uk/dday75](http://www.rbl.org.uk/dday75).

The participant or the carer need not be a member of the Legion and further details can be obtained from Teresa Goodwin, Royal British Legion, Barry, Poppy Appeal and vice chair on 01446 751656 or 07340 220904.

# News in brief AM's surgery

**AM Jane Hutt will be holding an advice surgery on Saturday, January 12 at the Citizen's Advice Offices, 119 Broad Street, Barry, CF62 7TZ between 10am and 11am.**

# Blue Monday with FAN

**CHEER yourself up on Blue Monday (January 14) by having free cake and a hot drink at our friends and neighbours group in Palmerston Community Learning Centre.**

We meet every Monday afternoon in term time at 2pm for one hour to share stories about our everyday lives and discuss thoughts on a weekly topic. You do not have to book and there is no charge. Everybody, whether you live in Palmerston, Penarth or Pontypridd Road, is welcome.

Email [caroline-fan2018@gmail.com](mailto:caroline-fan2018@gmail.com) for further information.

For all the latest news - [glamorgangem.co.uk](http://glamorgangem.co.uk)

# Rwandan genocide survivor to speak on Holocaust Memorial Day

**BRIDGEND County Borough Council (BCBC) will again mark Holocaust Memorial Day with an event to remember the victims and survivors of the Holocaust in which some six million Jews were murdered, and subsequent genocides.**

These include Cambodia, Darfur, Bosnia, of the Yazidis, Bangladesh, Tibet, the Isaaq genocide, and Indonesia.

In partnership with Bridgend College, the event will take place at the Sony Theatre, Bridgend on Wednesday, January 23 at 10.30am.

BCBC will welcome special guest Jean-Paul Samputu, survivor of the 1994 genocide against the Tutsi in Rwanda, who will speak about his personal experiences of

losing his parents and three siblings during the genocide.

M. Samputu travels the world as a cultural ambassador for Rwanda, communicating African singing, dancing, drumming and a message of peace, hope, forgiveness, reconciliation and love.

Up to 100 spaces are available for members of the public to attend the event, but places must be pre-booked on a first-come, first-served basis by emailing [marketing@bridgend.gov.uk](mailto:marketing@bridgend.gov.uk) or calling 01656 815322 before the deadline of Monday, January 14.

Parking for attendees is limited at the venue, so parking in the town centre or nearby car parks is advised. However, those with accessibility issues should provide this information when booking on to the event so a car parking space can be provided.

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<b>Listed Building Consent / Caniatâd Adeilad Rhestredig</b>	
Application No:/Rhif y cais: 2018/01311/LBC	
Proposal/Cynnig: To re-build a small section of boundary wall (approx 1.6msq)	
Location:/Lleoliad: Chantry House, Burial Lane, Llantwit Major	
Listed Building:/Adeilad Rhestredig Grade II	
Application No:/Rhif y cais: 2018/01352/LBC	
Proposal/Cynnig: Change of canopy and additional sign	
Location:/Lleoliad: 29, High Street, Cowbridge	
Listed Building:/Adeilad Rhestredig Grade II	
<b>Application(s) of General Interest / Ceisiadau o Ddiddordeb Cyffredinol</b>	
Application No:/Rhif y cais: 2018/01317/FUL	
Proposal/Cynnig: Construction of six portal framed buildings and associated roads, division of buildings to form 43 light industrial units	
Location:/Lleoliad: Spider Camp, Hayes Lane, Sully	
Application No:/Rhif y cais: 2018/01358/FUL	
Proposal/Cynnig: Change of use, conversion and alterations to the Goods Sheds to provide a mixed use scheme comprising 11 live-work units (sui generis/ Class C3 use), restaurant (Class A3 use), technology hub/community workshop (Class A1, A2, B1 and/or D1 use) and flexible events space (Class A1, A2, A3 and/or D1 use), erection of entrepreneurial incubator business units not exceeding 68 units (converted shipping containers) (Class A1, A3, B1, D1 and/or D2 use), drive-thru coffee shop (Class A3), outdoor cinema (Class D2), farmers market/pop-up street food area (Class A1 and/or Class A3), children's playground (Class D2), access and servicing arrangements, car parking and associated works.	
Location:/Lleoliad: The Goods Shed, Hood Road, The Innovation Quarter, Barry	
Application No:/Rhif y cais: 2018/01383/FUL	
Proposal/Cynnig: Proposed demolition of existing church and hall; development of 31 flats and associated works	
Location:/Lleoliad: St. Pauls Church and Hall, St. Pauls Avenue, Barry	
Application No:/Rhif y cais: 2018/01408/FUL	
Proposal/Cynnig: Proposed demolition of existing school, development of 48 dwellings (43 flats and five houses) and associated works	
Location:/Lleoliad: Former Cowbridge Comprehensive School, Aberthorn Road, Cowbridge	
Application No:/Rhif y cais: 2018/01420/FUL	
Proposal/Cynnig: Demolition of the former garage and erection of a 4-storey building comprising 21 residential units with undercroft parking, access arrangements, and associated works	
Location:/Lleoliad: 56a, Windsor Road, Penarth (Former Monty Smith Ltd)	
Application No:/Rhif y cais: 2018/01421/OUT	
Proposal/Cynnig: Outline planning application for residential development (up to 17 units) and all associated works at land to the north of Heol Y Pentir, Rhosce (all matters reserved).	
Location:/Lleoliad: Land to the North of Heol Y Pentir, Rhosce	
Details may be inspected for 21 days at the address given below, or via <a href="http://vonline.planning-register.co.uk/">http://vonline.planning-register.co.uk/</a> Dated / Dyddiedig: 10 January, 2019 V. L. Robinson Operational Manager, Regeneration and Planning, Vale of Glamorgan Council, Dock Office, Barry. CF63 4RT	
Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy <a href="http://vonline.planning-register.co.uk/">http://vonline.planning-register.co.uk/</a>	



# Out & About with The GEM

## Power struggle makes for a sublime piece of work in Lanthimos' *The Favourite*...



SCREEN TALK  
with  
GARETH  
JAMIESON

Follow him on  
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**Y O R G O S** Lanthimos has built up a strong reputation for creating loose, out-there films that strike the right chords with cinemagoers.

From his debut *Dogtooth* in 2009, through to *The Lobster* and *The Killing Of A Sacred Deer*, Lanthimos' films have drawn plentiful praise, with his latest, *The Favourite*, generating plenty of awards chatter.

Olivia Colman plays Queen Anne, sat on the throne of England while it is at war with France. Frail and depressed, she leaves most of her

governing to Lady Sarah (Rachel Weisz) who is also her carer and lover, but when Abigail (Emma Stone), a cousin of Sarah, arrives, she sees a way to inveigle her way into the Queen's affections, something Sarah is ready to nip in the bud by any means...

A tale of power and manipulation set against a period backdrop threatens to sound stuffy and overdramatic. Thankfully, in the hands of Yorgos Lanthimos, *The Favourite* is less an overstarched historical document, and more a playful, darkly comedic one, at times, sinister mood piece, a film that lays its idiosyncrasies

bare and is all the better for it.

The film has all the visual hallmarks of period drama yet Lanthimos' use of lenses and visuals means that the film has a woozy, off-kilter style that marries to the tone perfectly, gritty and grounded yet often unsettling.

With duck races in the Queen's chambers or a naked man being pelted with oranges in slow-motion, Lanthimos' film certainly isn't the straightforward affair you might expect, but benefits greatly from its offbeat nature.

What he is smart enough to do is not allow the stylistic flourishes

to overshadow the story itself, and the three-way power struggle that plays out over the course of the two hours is an incredible thing to watch, especially with such indelible performances at the centre of it.

This is a story where all three participants are both in control and yet not, and watching their entanglements and their desire for power and control (or, in some cases, simple comfort) makes for thrilling, if disquieting, viewing.

All three central characters are not what you would class as likeable, yet through their foibles and desires, we see beneath their thirst for power and glimpse the humanity underneath.

For Queen Anne, a life of loss, illness and depression has created a vacuum that someone needs to fill (her heartbreaking reason for keeping 17 rabbits is an emotional thump). For Lady Sarah, being the

power behind the throne suits her perfectly but when stakes are raised that affect her own life, her need for control becomes more stronger, while Abigail's fall from grace lends her a steel and resolve that won't allow her to ever stumble again, no matter who gets in the way.

The performances bring these characters to life exceptionally well. Emma Stone and Rachel Weisz have arguably the showier performances, but there is real depth and nuance to their turns that are wonderful to watch.

Weisz's performance as the flinty and seemingly-untouchable hand to the Queen is chillingly blunt, yet shows the emotional impact of seeing her friend and lover being wooed by Abigail, while Stone (and a near-impeccable English accent) is superb as she manipulates and cleverly works her way up the ladder to the Queen's affections.

It is Olivia Colman who, with a less grandstanding role, is perhaps the standout here. Her Queen Anne is a complex character, full of emotional baggage and a lack of self-belief, happy to acquiesce to others, and Colman brings her to life with a mesmerising turn that runs the gamut from hilarious through to emotionally fragile with seamless flair.

Around them is a cast full of strong turns, most notably Nicholas Hoult as Harley, the leader of the opposition with a neat line in pithy put-downs and determined to curry favour no matter what.

If the film does threaten to run out of steam towards its climax, the post-script of events lacking the humour and smart manipulations of what has gone before, then Lanthimos at least ends the film on a note that lingers.

Along with a script that has some razor-sharp

lines, *The Favourite* is a wholly compelling piece of work, a film that is a powerful study of human needs and desires and the corroding influence of power.

**VERDICT:** Another weird, darkly comic and ultimately mesmerising film from Yorgos Lanthimos, *The Favourite* sees three superb actors - Rachel Weisz, Emma Stone and, perhaps most impressive of all, Olivia Colman - at the top of their game in a story of emotional frailty, power and manipulation. Lent a visual feel that is gloriously irreverent and in keeping with the tone of the piece, this is a hugely impressive work. *Essential viewing.*

**SEE THIS IF YOU LIKED:** *The Lobster* (2015), *What Ever Happened to Baby Jane?* (1962).

### TEN11 TEN11

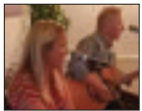
### Entertainment this January



Friday 11th January  
**Beth Zienna**



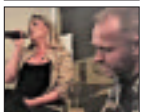
Saturday 12th January  
**Kate Jones**



Friday 18th January  
**Mark Sheppard**



Saturday 19th January 8pm - 10pm  
**Peter Mortimer and Laura Dodd**



Saturday 19th January 10pm - 1am  
**Debyanne and the Doctor**

Friday 25th January  
**The Point**

Saturday 26th January  
**Willson Rose**



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### 'Dementia friendly' concerts at The Memo

**THE Memo Arts Centre in Barry is putting on a new series of matinee concerts, 'Concerts and Cakes, which will be fully accessible for people living with dementia and their carers.**

The first concert is on Wednesday, January 16 at 1.30pm (doors open at 1pm) featuring harpist Llewellyn Ifan Jones.

Tickets for those living with dementia are just £1, and carers go free. The concerts are also open to those who would enjoy an afternoon of live music, and those tickets are £5. All tickets include either a tea or coffee with a slice of cake.

Further concerts include: January 30, John Nicholas (singer/songwriter/acoustic guitar); February 13, Olivia Gomez (mezzo) and Ben Pinnow (pianist); February 27, The Butte Clarinet Quintet.

For all the latest news from your area -  
**glamorgan-gem.co.uk**

## What's on and where - in brief

### Photographic exhibition

**AN exhibition of photographs by members of the Vale Photographic Club is now on show at Old Hall, Cowbridge until the end of January 2019. Come try out the choir**

**A Barry Male Voice Choir taster evening will take place on Monday, January 14 at West End Social Club at 7.30pm; the address is 54 St Nicholas Road, Barry (CF62 6QY).**

This is a chance to find out more about singing and enjoy a relaxed friendly evening with a buffet and pint. For more information call 07790 552565 or look at [www.barrymalevoicechoir.co.uk](http://www.barrymalevoicechoir.co.uk).

### Parkinson's drop-in

**THE next meeting of the Llantwit Major Parkinson's drop-in cafe will be on Wednesday, January 16 in Llantwit Hall from 1.30pm-3.30pm and thereafter every third Wednesday of the month.**

All are welcome to join us for a cuppa and a chat. Further information from Martin Simmonds on 01446 796310.

### Penarth Civic Society

**FOLLOWING on from the cheese and wine evening last year Alan Thorne will be giving part two of 'What Penarth Has Lost'.**

As well as buildings and features that he did not get to last time, Alan will be concentrating on what has been lost as a result of social change. When asked what he was going to cover his list included Dick Barton, American limousines, working horses, and a very funny story about American balloons, which you will have to come along to hear!

The meeting is on Thursday, January 17 at 7.30pm at All Saints' Lesser Hall; entry is free to members, £2 to non-members. No cheese and wine this time, but we are hoping to repeat that event later in the year.

### PACT meetings

**WHY not come along to Gibbonsdown 'Cuppa with a Copper' held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon.**

Buttrills PACT on Thursday, January 10 at

6.30pm at the Corporate Suite, Vale of Glamorgan Civic Offices.

A police surgery will be held at Llantwit Major Library on Tuesday, January 15 between 10.30am and 11.30am.

Coffee & Chat will be held at the Lamb & Flag, Wick at 11am on Tuesday, January 22.

### Lift Group meets

**THE Lift Group offers friendship and support to those affected by breast cancer.**

We meet in a family home in Cowbridge once a fortnight, either between 10am and 1pm for relaxation therapies and coffee, or 2pm to 4pm for other activities such as speakers or trips out. Come and join us, bring a friend, for friendly, supportive and confidential get-togethers.

If you know anyone who might benefit from this group, please call Anne on 01446 772843 or Judith on 01446 794176. We look forward to seeing you.

## Community

### Cinema returns

**DINAS Powys Community Cinema's new season starts on Saturday, January 12 with *Peterloo*.** The film tells the story of the Peterloo Massacre in Manchester, when government forces charged into a huge workers' rights protest in 1819. Director Mike Leigh directs this account of a relatively unknown but very important event in British history.

The Dinas Powys cinema's spring programme also includes *Mamma Mia! Here We Go Again* (February 9) and *A Star Is Born* (March 9). The volunteer-run cinema can be found at the Murchfield Community Centre, Sunnycroft Lane, Dinas Powys (CF64 4QQ). There is a licensed bar with ice creams and other refreshments also on sale at all screenings. Doors open 6.30pm for a 7pm start, all tickets are £4.50. They are available on the door, or can be purchased in advance from the DPVC office at the rear of the Community Centre (weekday mornings) or online: [www.ticketline.co.uk/murchfieldcommunitycentre](http://www.ticketline.co.uk/murchfieldcommunitycentre).



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## OUR FANTASTIC JANUARY SALE OFFER

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SUBJECT TO STATUS

It's our biggest ever January sale so why not give your existing kitchen a fantastic facelift with our unique Smiley Kitchens makeover...

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Why replace your worktops when this stunning unique quartz, real stone overlay simply fits over your existing surface.

**WHY QUARTZ?** - The result is a beautiful quartz counter top and surfacing material that can handle anything you throw at it. This blend of nature and technology allows us to create the perfect worktop.

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**EASY TO CARE FOR** - No maintenance is required, other than a quick wipe with a neutral cleaner.

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## New Pilates class

**A** new Pilates class for beginners starts in Barry on Thursday, January 24 at 12.30pm and is suitable for complete beginners and those with a little experience of Pilates.

The course lasts for six weeks and costs £49.

Pilates builds core strength and helps improve posture using low impact stretching and conditioning exercises. Pilates can help you to increase your flexibility, strengthen, and improve muscle tone, core and pelvic floor strength.

However, Pilates works far more than your core muscles,

providing you with a full body workout. You feel muscles working that you didn't even know you had!

Exercises are performed on the mat, with everyone working at their own pace. Classes are led by Sharon, an experienced, qualified teacher who loves to see people at the end of a class looking relaxed and refreshed.

The classes are held at St Nicholas Hall, Barry, CF62 6QX on Mondays at 9.15am, 10.30am and 11.35am; Thursdays at 9am, 10am and 11.15am and Fridays at 7pm.

To secure your place in the new class or for information about other classes, contact Sharon on 07830 085606 or email [sharonpilates@hotmail.com](mailto:sharonpilates@hotmail.com).

### Barry Pilates Classes

Mondays 9.15am, 10.30am & 11.35am

Thursdays 9am, 10am & 11.15am  
 & Fridays 7pm

At St Nicholas Hall, Barry

#### New Beginners Pilates Course

Starts Thursday 24th January 12.30pm

To book: Sharon 07830 085606

[sharonpilates@hotmail.com](mailto:sharonpilates@hotmail.com)

# Health Beauty & fitness



## Improve your health this New Year

**THESE** suggestions from the British Nutrition Foundation won't hurt but will make 2019 healthier, says Lisa Salmon.

If you've over-indulged at Christmas, you may be thinking now is the time to make a few changes to your diet and lifestyle to herald a healthy 2019.

But if you know a crash diet, alcohol-free Dry

January and punishing exercise regime is destined to fail, the British Nutrition Foundation (BNF) has come up with a far easier and more sustainable plan.

Its Try, Swap, Change weekly planner aims to help resolutions stick through 15 easy-to-follow healthy diet and lifestyle suggestions.

Each week you choose three or more of the suggestions, which involve trying something new, swapping old habits for better ones, and changing small parts of your daily routine, and the idea is that by focusing on smaller areas where you can make sustainable changes, you'll be able to lead a healthier lifestyle long term - not just for the first few weeks of January.

The planner can be personalised to help you focus on achieving individual goals, such as reducing sugar or becoming more active, and it's colour-coded to highlight six areas that are key to improving diet and lifestyle.

Green = fruit and vegetables: make sure you get your five a day.

Yellow = wholegrains: The majority of people are below the recommended intakes for fibre.

Red = physical activity: Getting active burns calories, helps improve fitness and may help improve sleep and reduce stress.

Orange = helpful habits: Lifestyle changes such as eating more slowly.

CONTINUED ON PAGE 17

## Treat your skin well with FACE

**FACE** Clinic is an advanced Aesthetic Skin and Beauty Clinic established for 30 years, which has won many awards, being one of the top clinics.

They offer a wide range of effective anti-ageing, skin and beauty treatments; tailoring treatment to suit our clients' needs, taking care to satisfy our clients to achieve the best result. They are close to their clients and offer a personal service.

They pride themselves

on long term relationships with their clients by offering the top professional advice, through a friendly one-to-one relationship; offering the latest state-of-the-art treatments; they are passionate about what they have to offer and offer a free consultation for all treatments, with no obligation to purchase.

Call them for a friendly consultation, so we can see how we can help you to look great and to feel great.

Face Clinic at 02920 226066.

## Studio Viva Fitness - Join now and pay nothing for January!

**W**ANT to get fit, lose weight or be healthier in 2019?

Then come and take a look at Studio Viva Ladies Fitness in Cowbridge. We provide fitness solutions for real women, from teenagers to those keeping active later in life.

We understand the many challenges women face in life, from work, to kids, to lack of time and the constant pressure of media images telling us we must look a certain way.

Studio Viva is about more than just fitness... feeling good, being healthy, social interaction and a friendly, encouraging environment are also hugely important. Our aim is to make you feel comfortable, inspired and supported. We truly are a gym for all women, whatever their age, size or

ability.

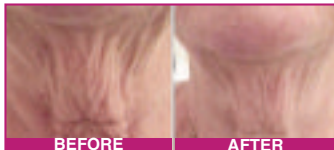
So, if you think you don't like going to a gym, we offer something completely different - no floor to ceiling mirrors; no men; no Lycra; no pressure.

Easy-to-use machines designed for women; 30-minute machine circuit that can fit in anytime that suits you; friendly atmosphere with lots of interaction and chat; in a stylish studio environment with attentive, supportive staff always on hand; with sparkling clean equipment and surroundings.

Find us at 1 Westgate, Cowbridge, above Marley's Barbers.

## HIFU

### INTENSED FOCUSED ULTRASOUND SKIN TIGHTENING TREATMENT



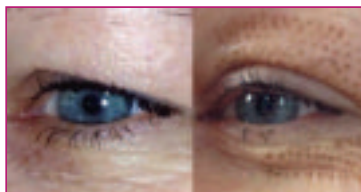
Normally only one treatment needed.

Lasts up to 3 years.

Special Offer: 1/2 price during January only.

### PLASMA PEN SKIN TIGHTENING

Non Surgical Removal of: eyebags, Eyelid Hoods, Mini Facelift, Neck Lift and Wrinkles



**SPECIAL OFFER**  
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**DERMAL FILLER**  
 Normally £275  
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For fuller lips, wrinkles, folds and cheeks.



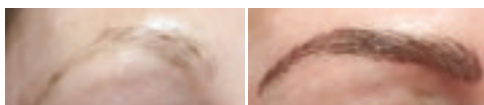
### CRYO FREEZE

Freeze Your Fat Away  
 Compared to liposuction without the surgery

Normally £300.00 per area

**NOW £65 for one area**

2 areas taken together £85  
 Special offer for January Only



Semi permanent make up or microblading for £99

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Tel: 01446 679919

[www.studiovivafitness.co.uk](http://www.studiovivafitness.co.uk)



# Health Beauty & fitness

## A new year could mean a new you!

CONTINUED  
FROM PAGE 16

Blue = protein: To boost plant protein and include fish your diet.

Pink = lower salt, sugar and saturated fat.

The BNF explains that people can choose what's best suited to them - so if you want to focus on upping your fruit and veg intake, start your weekly planner by choosing green suggestions, or if you fancy eating healthier proteins, begin the year by taking on the blue challenges.

Try new goals each week, to help you turn the lifestyle changes into long-term habits.

Sara Stanner, the BNF's science director, says: "Many of us start the New Year with great ambitions to eat better and be more active, but these resolutions may falter after just a few weeks or months.

"Finding behaviours that work for you is key to making sure that short-term changes become long-term habits and part of the daily routine. However, many people find it difficult to know where to start - let alone how to keep up the good health initiatives long-term.

"The Try, Swap, Change

planner has been developed by BNF nutrition scientists to provide a practical guide to help people put their New Year's resolutions into action, but also to provide an extra motivator for keeping things going longer-term. It's a great feeling at the end of each day to tick off completed challenges and, in turn, the goals you've started to achieve."

The Try, Swap, Change suggestions

1. Eat the rainbow (green)  
Eat at least 3 different coloured fruit and vegetables.

2. Get plant-based (blue)  
Incorporate some plant-based protein into your day, e.g. beans, peas, lentils, tofu, nuts or seeds.

3. Go Slow (orange)  
Try eating more slowly and enjoying your food - eating more slowly can give your body time to realise it's full.

4. Grab some grains (yellow)  
Try a new wholegrain food, e.g. wholemeal breads (why not try wholemeal pitta, wraps and bagels?), brown rice, oats, barley, quinoa, buckwheat, wholegrain spelt pasta, bulgur wheat or plain popcorn.

5. Screen breaks (orange)  
Try to reduce your seated

screen time, such as time spent watching TV or on the computer. Set yourself a challenge, e.g. only one hour of seated screen time a day, or halving the time you'd usually spend each day and stick to it.

Swap  
6. Wake up with fibre (yellow)  
Swap your usual breakfast/morning foods for higher fibre versions.

7. Get fruity! (green)  
Have a variety of fruit and vegetables instead of your usual snacks.

8. Move more (red)  
Swap your usual routine - add an extra 10 minutes of activity, e.g. walking, swimming or weights, each day.

9. Fish in a dish (blue)  
Up your fish intake - try to eat two portions or more this week, one of which should be an oily fish such as salmon, sardines, kip-pers, whitebait, mackerel, trout, herring, pilchards or fresh tuna.

10. Snack attack (pink)  
Swap snacks high in saturates, sugar or salt such as crisps, chocolate and sweets for fruit, vegetables, plain yogurt, nuts or seeds.

CONTINUED ON PAGE 18

## Dental implants are the 'ideal solution' for many

**THE number one reason is that they look and feel like natural teeth.**

You will have no difficulty eating and chewing, and as a result you feel confident eating out in public again.

Dental implants are the ideal solution for many people. We've helped people who have had missing teeth, from one to all of them, loose fitting dentures, loose teeth caused by an accident or lost teeth caused by gum disease.

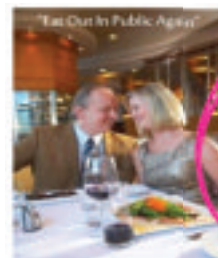
At Advanced dental we are passionate about providing a fully personalised service and restoring not only the teeth of our patients but their confidence in their appearance.

For more information visit  
PainFreeDentistCardiff.  
co.uk or call 01446 488659 (24 hours a day).

## Embarrassed by your dentures or missing teeth?

**Are you struggling to eat food you love?**

**Do your dentures make you gag or fall out?**



End the Embarrassment with Mini Dental Implants from Advance Dental Care in Barry. The Home of the Calm and Caring dentistry.

Eat, Talk and Laugh again without messy fixatives or fear of your dentures falling out.

What our patients say... "I can eat everything now... apples, raw carrots and my favourite... pickled onions... I'm thrilled!"

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Advance Dental Care, Lakin Drive, Barry, CF62 8AS  
Andrew Nourish BDS GDC 74345.

Advance Dental Care is a mixed dental practice. \* says Rob Evans, Newport

**advance dental care**  
the home of calm and caring dentistry

## Gentle Sole Reflexology

**DUOPODY Reflexology is a unique technique in which both feet (the micro system) are treated concurrently, reflecting each organ within 14 featured systems of the body (the macro system).**

This alternative therapy was founded by the ancient Egyptians. Theory says that Reflexology encourages nerve innervation and blood flow to compromised areas of the human body, in order to support the body's natural rebalancing ability - homeostasis.

David Parry-Steer has lived in St Fagan's for the past five years, and has spent many years as a City & Guilds tutor and coach at a FTSE 100 company in Cardiff. Recently, and in a total change of career, he qualified as a Level 5 Clinical Duopody Reflexologist and is now delighted to be able to offer Reflexology treatments from his home and at Dinas Powys Medical Centre.

David has treated numerous clients in south Wales, and for a varied range of ailments.

While Reflexology doesn't claim to cure or diagnose, it does have a remarkable ability to uncover physical and emotional issues - those that men and women carry around as they go about living their often hectic lives. For example, one may have a painful shoulder or a sensitive digestive system, but what emotional imbalance is causing this

physical response?

Reflexology is not about identifying illnesses: consider it more about 're-balance'. It has a definite function as a conduit to experiencing total relaxation and detachment from any busy schedule. David commented recently that in his experience, Reflexology is extremely effective as an aid to reducing stress

and improving sleeping patterns.

Reflexology appointments are available with David at his clinic in St Fagan's, or each Friday at Dinas Powys Medical Centre. Home visits can be arranged. For all appointments, contact David on 07792 644511 or via [www.gentlesole.co.uk](http://www.gentlesole.co.uk).



**GENTLE SOLE**  
REFLEXOLOGY

**Duopody Reflexology is a technique in which both feet are treated simultaneously, reflecting 4 systems of the body.**

Treatments encourage nerve innervation and blood flow to compromised areas of the body to support the body's natural rebalancing ability. Reflexology is able to uncover physical and emotional issues - those that people carry around as they go about their hectic lives. One may have a painful shoulder or a sensitive digestive system, but what emotional imbalance is causing this physical response?

Reflexology is a conduit to experiencing relaxation and detachment from a busy schedule; it is an effective aid to reducing stress and improving sleep patterns.

Appointments are available Fridays at Dinas Powys Medical Centre.

First Floor, Murch Road, Dinas Powys, CF64 4RE.

Contact David Parry-Steer on

**07792 644511**

or via [www.gentlesole.co.uk](http://www.gentlesole.co.uk)

RHYTHMIC  
@THE ACADEMY



We are a family orientated professional gymnastic club based in Barry.

For all those girls and boys out there who are 4 to 16, Rhythmic at the Academy have Foundation sessions for all age groups - you are never too old to start a new hobby or lifestyle and all levels of ability can be accommodated. Additional needs supported.

Get in touch for session information and to take us up on our January free taster offer so you can see for yourself.

**\*\* JANUARY OFFER \*\***

One FREE session, FREE training top worth £10 to be worn at training and NO JOINING FEE when signing up.

All classes are run from Holm View Leisure Centre, Barry.

Contact us via our FB page Rhythmic at the Academy or email: [rhythmic@theacademywales.co.uk](mailto:rhythmic@theacademywales.co.uk) or text Claire on 07500 863422

### Rhythmic Gymnastics Classes

New Beginnings	3-4 years	Wed 4-5.30pm & Saturday 2-3.30pm
Foundation 1	5-6 years	Mon, Wed, Fri 4.-5.30pm & Sunday 9-10.30am
Foundation 2	6-7 years	Mon, Wed 4.-5.30pm, Fri 4.30 - 6 & Sunday 9-10.30am
Intermediate 1	7-8 years	Wed, Fri 4.30-6pm, Fri 4-5.30pm
Intermediate 2	8 years +	Wed, Fri 4.30-6pm

### General/Artistic Gymnastics & Additional Needs Classes

Additional Needs	all ages boys & girls	Sat 2-3.00pm
General Gymnastics	all ages boys & girls	Sat 3-4.00pm







## Glamorgan Slimming World Consultants are worth their weight in gold, says TV host



**LEFT:** Slimming World consultants meet singer and presenter Rylan Clark-Neal: Helen Bevan, Sophie Williams, Scott Hawkins.

**A**S Slimming World enters its 50th year, a group of Slimming World consultants from Glamorgan are celebrating half a century of success for the organisation by meeting TV personality and presenter Rylan Clark-Neal.

Rylan, who shot to fame after appearing on hit show *The X-Factor*, co-hosted the annual Slimming World Awards with the organisation's founder and chair Margaret Miles-Bramwell OBE. Margaret opened her first Slimming World group in 1969 and over the last 50 years the business has grown to become the UK's leading group-based weight-management organisation, today supporting nearly 1 million slimmers.

The team, who run Slimming World groups in Glamorgan, were delighted to get a chance to cuddle up to Rylan. Helen Bevan said meeting the TV host was a wonderful way to round off a great year for Slimming World, as well as a brilliant way to lead into 2019 — Slimming World's Golden Year: "I couldn't be more proud of our members. Not only have they lost fantastic amounts of weight throughout 2018 — with many of them hitting their target weights — they've also improved their health, boosted their confidence and are heading into 2019 with new healthy habits that will

stay with them for life.

"Watching people change before my eyes and start being able to do things that they didn't think were possible before losing weight absolutely amazes me. Every week I feel privileged to play even a small part in people's achievements and to celebrate with them, so I felt especially honoured to represent our Slimming World groups at the Slimming World Awards. Rylan was blown away by the difference Slimming World makes to people's lives too."

Rylan, who is now a seasoned presenter having appeared on *This Morning* and Channel 5's *Big Brother's Little Brother*, said he was thrilled to be invited to host the awards ceremony, which was held at Birmingham's International Convention Centre. He said: "I met so many people who had lost incredible amounts of weight and made a huge difference to their lives. While the stories I heard were obviously very personal, the one thing they all had in common was how much support they received from their 'Slimming World family' and how so many of them were achieving their dreams."

"Every one of them spoke passionately about how they couldn't have made those changes to eat more healthily and become more active without the support of their consultant and group every week. It's clear that the people who run the groups each week are worth their weight in gold."

## Easy changes to help make you happier and healthier

CONTINUED FROM PAGE 17

Change

11. Move it, shake it (red)

Find a new way to move: dust off the bike, head to your local pool or park or try some online yoga or movement videos at home. Or try your local climbing wall, kayak/rowing club or community garden.

12. Pledge more veg (green)

Fill half of your plate at lunch or dinner with salad or vegetables.

13. You're sweet enough (pink)

Stop or cut down on drinking sugary soft drinks or adding sugar to drinks.

14. A little extra (green)

Add one extra portion of fruit, vegetables, beans or lentils (roughly the amount which fits into a cupped hand) into one of your meals.

15. Slow down on salt (pink)

Check food labels for low or reduced salt options and when cooking at home use herbs and spices for flavour instead.



**Mondays 5.30pm**  
Cadoxton Moors  
Community Centre,  
Rear of Edmond Place,  
Cardiff Road, Barry  
Karl 07411 621866

**Mondays 5.30pm and 7.30pm**  
Celtic Way  
Community Centre, Rhosce  
Helen 01446 750738/  
07968 355119

**Mondays 5.30pm and 7.30pm**  
Elfed Avenue United Church,  
Elfed Avenue, Penarth,  
Vale of Glamorgan,  
CF64 3LX  
Martin - 07444 374377

**Tuesdays 5.30pm**  
Gladstone Primary School,  
Gladstone Road, Barry  
Sarah 07917 881220

**Tuesdays 9.30am, 11.30am, 5.30pm & 7.30pm**  
Parish of Our Lady & St Illtyd,  
(Catholic Church), Ham  
Lane East, Llantwit Major  
Helen 01446 750738/  
07968 355119

**Tuesdays 6.30pm**  
The Old School,  
South Road, Sully CF64 5TG  
Nicola 07951 510871

**Wednesdays 5.00pm**  
All Saints Church Hall,  
Victoria Square, Penarth  
Julia 07718 284171

**Wednesdays 4.45pm and 6.45pm**  
St Francis Millennium  
Centre, Park Road,  
Porth-Y-Castell, Barry  
Annmarie 07837 497523

**Wednesday 3.30pm, 5.30pm, and 7.30pm**  
Bridgend Deal Club,  
Coychurch Road,  
Bridgend  
Helen 07714 170908

**Wednesdays 5.30pm and 7.30pm**  
5th Barry Sea Scout Hall,  
Everard Street, Barry,  
Karl 07411 621866

**Wednesdays 5.30pm and 7.30pm**  
Buttrill's Community Centre  
North Walk, Barry  
Sarah - 07917 881220

**Wednesdays 9.30am and 11.30am**  
All Saint's Church Hall,  
Victoria Square, Penarth  
Vale of Glamorgan  
CF64 3EH  
Karl - 07411 621866

**Thursdays 5.30pm and 7.30pm**  
The Cabin Next to Swim  
Pool, Hebron Hall, Cross  
Common Road, Dinas Powys  
CF64 4YB  
Renae 07495 208966

**Thursdays 8.00am, 10.00am, 12.00pm, 3.30pm, 5.30pm, 7.30pm**  
Sarn & Bryncwlls Social  
Club, Bryncoch Road, Sarn  
Scott 07498 780419

**Thursdays 5.30pm**  
Highlight Park Community  
Centre, Barry  
Annmarie 07837 497523

**Thursdays 9.30am and 11.30am**  
Memorial Hall, Cenotaph  
Entrance, Gladstone Road,  
Barry  
Nicola 07951 510871

**Thursdays 5.30pm**  
St. Davids Church Hall,  
Wimbourne Road,  
Pencoed  
Donna 07790 797008

**Thursdays 9.30am**  
Nolton Church Hall,  
Merthyr Mawr Road,  
Bridgend  
Donna 07790 797008

**Friday 9.30 and 11.30am**  
The Cabin next to Swim  
Pool, Hebron Hall, Cross  
Common Road,  
Dinas Powys,  
South Glamorgan  
CF64 4YB  
Renae - 07495 208966

**Saturdays 9.30am**  
The Gathering Place,  
Flemington Road,  
St Athan  
Helen 07968 355119

**Saturday 9.30am**  
Cwm Talwg  
Community  
Centre, Cwm Parc,  
Barry  
Vicky 07957 958900

**Saturdays 7.30, 9.30 and 11.30**  
Colcot Community Centre,  
Keats Way,  
Barry  
Martin - 07444 374377

**Saturdays 8am and 10am**  
All Saint's Church Hall,  
Victoria Square,  
Penarth  
Vale of Glamorgan  
CF64 3EH  
Julia - 07718 284171

## Offering a special dis-

**LOCAL Master of Osteopathy, Rob, opened a clinic in Barry in January 2017 for all your aches and pains.**

Osteopathy is a system of diagnosis and treatment that takes the whole body and situation into account — whole body mechanics, work/rest balance, pregnancies, emotional difficulties, office set up, hobbies and sports played, etc.

At Highlight Osteopaths, we see headaches and neck pain, pain in upper and lower limbs, wrists, hands, hips, knees and ankles... and of course, bad backs are our bread and butter!

In pain? Treatment is suitable for all ages; give Rob a call or book online and quote 'The GEM' for a special discount off your first consultation.

**NEW TO BARRY**

**HIGHLIGHT**  
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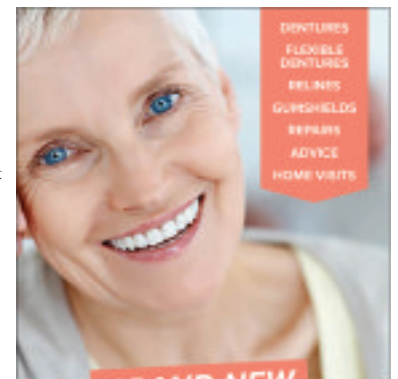
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**REBOUND** 6.15 pm and **ZUMBA** at 7 pm

**TUESDAY** St Athan Community Centre

**ZUMBA** at 7pm and **BOOT CAMP CIRCUITS** at 8.10pm

**WEDNESDAY** Ysgol Dewi Sant Welsh School

Top of Ham Lane, Llantwit Major

**BOOT CAMP CIRCUITS** at 6.30 pm

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you are a suitable candi-  
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older people in the  
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service is available to  
anyone who is unable to  
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For further informa-  
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# Be watchful - the Mari Lwyd is on the prowl

**THE Mari Lwyd will be on tour of some of the Cowbridge pubs on Friday, January 11, collecting donations towards Dolen, a charity aiming to improve the health and education of people living in Lesotho, South Africa.**

The tour of the pubs will begin around 8.30pm.

The long-standing tradition features a mare's skull, decorated with bells and ribbons, which is led from house to house in the depths of winter by gangs of revellers.

A white sheet attached to the skull is draped over the head and shoulders of the man who carries it, and a mechanism is usually rigged up allowing the jaw to be opened and closed to frighten the women and children!

The 'Fari' in Cowbridge, which nowadays visits pubs in the town in January, has coloured plastic eye sockets in front of flashing light bulbs to give an eerie effect!

Traditionally, Mari was led by a man wearing a top hat or bowler, called the Sergeant, and they were joined by a gang of men and sometimes boys.

Mari knocked on the door of the farmhouse, and the men would sing: "Wel, dyma ni'n dwad, gyfeillion diniwad, i ofyn 'sgawn gannad i ganu" ("Well, here we come, innocent friend, to ask permission to sing").

Inside the house, the family, and sometimes the local bard who'd been bribed with beer to help out, would

reply in verse. A sung dialogue would then ensue in which the Fari would demand access and the family refuse, until no-one could invent any more verses.

At this point, they would open the door and the group be plied with food and drink. Legend has it that on one occasion, both groups had such prolific poets that the bardic duel continued throughout the night, and Mari didn't gain entry until dawn!

The custom existed in Cowbridge until the 1930s, with the verses by then sung in English. Mr Bill Lewis, who arranged the modern Mari's antics in the town each year, told how he and other youngsters followed the revellers across the fields from farm to farm. He remembered one of the verses he sang, which corresponds to one of the traditional Welsh verses: "Through bushes and briars, O'er mountains and mires, We wish you a happy new year."

In Pencoeed, the Fari was still visiting farms in the area in the 1960s and the village of Llangynwyd is known to have a long tradition of Mari Lwyd visits. In Monmouthshire in the 19th century, the custom was encouraged by Lady Llanover, and a hologram-style depiction of the Fari Lwyd remains above the door of the old post office in the village of Llanover.

SH

## Bridgend club benefits from housebuilder's community fund

**THE Bridgend Association of Bowls, Tennis and Squash Clubs was among the latest good causes to secure funding through Persimmon Homes' Community Champions scheme.**

The association

received £1,000 towards new floodlights at its Church Road facility.

Each month Persimmon Homes donates up to £2,000 to community groups in each of its 31 geographical operating areas.

Edward Wilkins, chairman of The Bridgend Association of Bowls, Tennis, Squash

Clubs Community Interest Company, said: "We have embarked on a project to raise £30,000 to provide additional flood lighting and court playing surfaces in Bridgend."

"This will have significant benefits during the winter and spring months, increasing our capacity by an estimated 50 per cent."

"We have a lot of fundraising to go, but we are hugely grateful to Persimmon Homes for their generosity."

Go to [www.persimmonhomes.com/charity](http://www.persimmonhomes.com/charity) to apply for funding.

**For all the latest news from your area -**  
**glamorgan-gem.co.uk**

## Bridgend Quiz League results

**HERE are this week's teasers from the Bridgend Quiz League:**

1. In the 2016 version of Cluedo, who was Mrs White replaced by?

2. A playing surface 3ft 6 ins wide and 60ft long is used in what indoor game?

3. What do the Forth Bridge in Scotland, the Menai Bridge in Wales, the Egyptian Arch Bridge in Northern Ireland and the Millennium Bridge in England have in common?

Quiz League results for January 7: Penybont AFC Nomads 48,

Ty Risha Arms 45; Tondur Railway Club 46; Mackworth Arms 45; Laleston Inn A 37; Crown Maesteg 46; Oddfellows Arms 34; Laleston Inn B 48; Six Bells Clangers 50; Prince of Wales Coychurch 42; Cabo Roche 46; Pheasant Gamekeepers 48; Five Bells B 43; Chatterton Shunters 44.

SK

**Answers:**  
1. Dr Orchid; 2. Ten Pin Bowling; 3. All round coins.  
*appeared on old UK*

## Penarth roundabout could be removed

**A major Penarth roundabout could be removed with new one-way systems proposed under a trial set to be agreed by the council.**

The Vale Council's cabinet is set to decide this month whether to introduce an experimental traffic order which would see the removal of the roundabout at the junction of Plassey Street and Windsor Road.

The roundabout would be removed in favour of an uncontrolled junction permitting one-way eastbound traffic along Plassey Street to its junction with High Street.

A short section of one-way traffic could also be introduced on High Street between Ludlow Street and Windsor Road with traffic heading north to south only.

It means traffic would be able to use Plassey Street or Windsor Road to access Penarth town centre, or Windsor Road to exit the town via the signal junction at Barons Court.

A toucan crossing is also proposed in Windsor Road immediately east after the new junction with Plassey Street.

A council report says "enhanced cycle facilities" would be provided along Plassey Street over the length of the one-way system.

The trial would cost £65,000, paid for from a £1.47million section 106 contribution from the developers of Penarth Heights.

But if it proves successful the new traffic system would cost £1.2million to implement on a permanent basis.

The Vale Council's cabinet is set to decide whether to introduce the experimental one-way traffic regulation order at its meeting on January 21, after deferring the decision today (January 7).

It follows a consultation on four possible options on how to improve traffic arrangements in the area, held between May 14 and July 9 2018.

The council has decided to progress with option two - a one-way system for Plassey Street and High Street - but not go ahead with a 20mph speed limit after concerns raised in the consultation.

The order, if approved, could remain in place up to for 18 months, after which time the order has to be withdrawn or made permanent.

There have been six road crashes in the area covered by the order between June 2015 and June 2018 that resulted in personal injury - two of which were serious, four were minor.

Four of these crashes - three slight and one serious - were caused by drivers failing to look properly before manoeuvring. The remaining minor incidents were caused by driver illness or disability, while one serious crash took place due to "an emergency vehicle on call and negligent action to open the vehicle door," a council report says.

In that time, there were no crashes in the area which involved personal injury to pedestrians or cyclists.

**Matt Discombe**  
Local democracy reporter

## Water company objects to new housing scheme

**PLANS for 41 homes in Bridgend have been submitted.**

The application, by Hafod Housing Association & Jehu, is for a two-acre site south of Wyndham Close and next to the Brackla Industrial Estate.

The site is described as "scrubland".

The plans involve car parking spaces and the creation of a new access point onto Wyndham Close.

Dwr Cymru Welsh Water has objected to the proposals because the development would

be directly above two sewers and within the protection zone for a trunk water main.

It advises that the site layout should be changed to accommodate the required protection zone.

Agents for the applicant said the advice from Dwr Cymru Welsh Water would be considered within the ongoing design process as the project moved forward. The planning application number is P/18/945/FUL.

**Liz Bradfield**  
Local democracy reporter

## Barry art group says 'thank you'



**THANK you to all those who came to our Art4u 'Tree of Love' dedication.**

There was beautiful singing by Porthkerry Community Choir that helped create a truly memorable event full of love and kindness.

We would like to thank Mark Lund, our local blacksmith who not only installed the plaque, but did all the metal work free.

We have given the tree the best start we can, so we hope it flourishes and offers benefit to all those who visit it for many generations to come.

**Glyn Pooley, Barry.**

## Colwinston celebrated Christmas in style!

**CHRISTMAS in Colwinston started early last year with the WI Carol service at the beginning of December.**

Also in early December, the 1st Colwinston Brownies made Christmas gift bags for the Llantwit Major Foodbank.

The church and the village green Christmas trees were illuminated, with the church becoming floodlit in a special tree lighting ceremony. During Advent, the Posada with Mary, Joseph and

the donkey, was passed around the Mother and Toddler group. This symbolised the journey to Bethlehem over 2,000 years ago.

Many of the village organisations, including the community council, village hall committee, Mother's Union and Philosophical Society, gave readings at the carol service and some of the reception children from St David's School sang at the Christmas Crib service.

On Christmas Eve, Father Christmas visited Colwinston and gave out presents to the children and the adults enjoyed mulled wine and mince pies provided by the village hall committee.

Many villagers celebrated Christmas at a Midnight Mass in St Michael's Church.

On New Year's Day, the annual football match took place with

the under-35s just winning the match against the over-35s. The good news was that none of the 'older' players needed emergency treatment. Later in the afternoon, the traditional Colwinston game of Colley Ball, as seen on the 'Village of the Year 2018' programme, took place at the Sycamore Tree. The final service of Christmas was held on January 6, the day of Epiphany, when the three kings visited the stable.

Now all the decorations have been put away until next year, all that remains is to wish everyone a very happy and healthy New Year from everyone in this busy rural village.

KJ

## New FAN at Golau Caredig

**A NEW FAN (friends and neighbours) group is opening next week at Golau Caredig (the old cinema), Holton Road.**

The meetings are free of charge and open to everybody, residents and non-residents alike. They will take place every Tuesday at 10.30am for one hour in the Meeting Room where a free hot drink will be served.

We will be taking turns to share stories from our everyday lives and listen to other's experiences as well as discussing a weekly topic. People who have attended other FAN groups have said they have enjoyed making new friends and feel happier after laughing with others at a meeting. You do not have to book, so come and try this new friendly group next week.

For further information, email [carolinefan2018@gmail.com](mailto:carolinefan2018@gmail.com)



# Two Vale schools to be completely rebuilt

**TWO Vale schools will get new buildings after Welsh Government increased funding.**

Pencoedre High School and St Nicholas Church in Wales School will be rebuilt after the Vale Council's cabinet approved the plans on January 7.

The two schools had been in line for refurbishments, but will now get new buildings as funding for the next stage of the Vale Council's 21st Century Schools Programme has risen to nearly £144 million.

The extra funding also means plans for a new and expanded Centre for Learning and Wellbeing, providing a 'therapeutic service' for vulnerable pupils, will be developed instead of the previously proposed Centre for Behavioural Excellence.

The "Centre for Behavioural Excellence" was intended to be built adjacent to Whitmore High School to replace the pupil referral unit at Amelia Trust Farm.

A cabinet report said the Whitmore High

School site was no longer deemed suitable for the new centre and new location options are being explored.

The extra funding will also ensure a greater number of children with additional learning needs can be accommodated at Ysgol y Deri in Penarth.

The council said it will soon reveal plans for extensive further investment in primary provision across the Vale.

Band B of the 21st Century Schools Programme will invest £143,904 million in Vale schools, up from the £142,417 million Welsh Government originally committed to the project.

Welsh Government is set to contribute £84,567 million, with the council making up the other £59,337 million.

Vale Council Leader John Thomas told the cabinet on January 7: "It's an excellent news story that we can build a new school in Pencoedre."

**Matt Discombe, local democracy reporter**

## ADVERTORIAL

### Your chance for some 'Tiny Talk'

**HOW do we communicate with others, when we don't speak the same language?**

How do you ask for help or understand others? How do we work out what babies want before they can talk?

The answer is baby signing, natural gesture and classes run every week during term time in Penarth, Sully and Colwyn. Babies can use their hands to wave, clap and point at objects from around six months and through these new classes, parents and babies can learn a whole range of signs to discover what their baby wants to say.

Although signing is fun to do with your baby, it's also easy to forget that it's so worthwhile. You're enabling your baby to communicate

their interests, needs and thoughts long before they can speak. Why let them wait until their words can be formed?

With their much-loved mix of lively nursery rhymes, multi-sensory toys, instruments, books and playtime, plus with a special focus on easy-to-learn signs and the importance of understanding each other, it's a lesson not to be missed. After the session, we have a social time where we have hot drinks and biscuits for our hard-working families. It is a chance to chat to other new mums and make long lasting friendships, for you and your babies.

For more information go to [www.tinytalk.co.uk/juliat](http://www.tinytalk.co.uk/juliat).

## Repair Cafe

**REPAIR Cafe will resume in Llantwit Major on Saturday, January 12 at 10am-12 noon in Bethel Church Hall.**

If we can repair your item, repairs are free but donations are welcome. Please bring only portable household goods; we can't handle large items, furniture, soiled or contaminated items. Refreshments are also available.

Follow us on Facebook - [facebook.com/GlamorganGEM](https://www.facebook.com/GlamorganGEM)  
and on Twitter - [@gem\\_news/@GEMSportsNews](https://twitter.com/gem_news)

### GORCHYMYN CYNGOR BRO MORGANNWG (A4226 WAYCOCK ROAD (LŌN 5 MILLTIR), Y BARRI) (CYFYNGIAD CYFLYMDER 30 MYA) (DROS DRO) 2019

Mae Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14(1) Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill yn cynnig, yn bwriadu gwneud Gorchymyn mewn dim llai na 7 diwrnod i ddyddiad yr Hysbysiad hwn i wneud yr hyn a ddisgrifir yn yr atodlenni isod:

#### ATODLEN 1

Ni fydd unrhyw berson yn achosi neu'n caniatáu i gerbyd modur deithio'n gyflymach na 30 milltir yr awr rhwng y lleoliadau a nodir yn Atodlen 2 isod:

#### ATODLEN 2

**Lleoliad:** A42226 Waycock Road (Lôn 5 Milltir) y Barri o gylchfan Waycock Cross ar ei hyd i gyffordd Sycamore Cross wrth yr A48

**Rheswm:** Mae'r cyfyngiad yn cael ei weithredu i alluogi gwaith i wella'r ffordd.

**Hyd:** O 10.00 ar 1 Chwefror 2019 am hyd at 18 mis.

Hefyd, caiff y Gorchymyn o'r enw "Gorchymyn Cyngor Bro Morgannwg (A4226 Waycock Road (Lôn 5 Milltir) y Barri) (Cyfyngiad Cyflymdr 30 mya) (Dros Dro)" 2018 ei ddi-ddymu.

**Dyddiedig 10 Ionawr 2019**

Cyfarwyddwr Amgylchedd a Thai Cyngor Bro Morgannwg, Yr Alpau, Gwentf. CF5 6AA.



### THE VALE OF GLAMORGAN COUNCIL (A4226 WAYCOCK ROAD (5 MILE LANE), BARRY) (30MPH SPEED RESTRICTION) (TEMPORARY) ORDER 2019

The Vale of Glamorgan Council in exercise of its powers under Section 14(1) of the Road Traffic Regulations Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order, the general effect of which is as described in the schedules below:

#### SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed at a speed greater than 30 miles per hour between the location specified in Schedule 2 below:

#### SCHEDULE 2

**Location:** The A42226 Waycock Road (5 Mile Lane) Barry from Waycock Cross Roundabout throughout its length to Sycamore Cross junction at the A48.

**Reason:** The restriction is being implemented to allow new road improvement works to take place.

**Duration:** From 10.00 Hours on 1st February 2019 for a maximum period of 18 months.

In addition, the order known as The Vale of Glamorgan Council (A4226 Waycock Road (5 Mile Lane), Barry) (30MPH Speed Restriction) (Temporary) Order 2018 shall be revoked

**Dated this 10th day of January 2019**

Director of Environment and Housing  
Vale of Glamorgan Council, The Alps,  
Wenvoe. CF5 6AA



### GORCHYMYN CYNGOR BRO MORGANNWG (CHAPEL LANE EAST, PENARTH) (CAU Ffordd) (DROS DRO) 2019

Mae Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14 Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill yn cynnig, mewn dim llai na saith diwrnod o ddyddiad yr Hysbysiad hwn, gwneud Gorchymyn a'i effaith gyffredinol fydd yr hyn a ddisgrifir yn yr atodlenni isod: -

#### ATODLEN 1

Ni fydd unrhyw berson yn achosi neu'n caniatáu i gerbyd modur deithio yn y lleoliad a nodir yn Atodlen 2 isod.

#### ATODLEN 2

**Lleoliad:** Y ffordd sydd i'w chau yw Chapel Lane East o'r gyffordd ar Arcot Street i gefn Neuadd yr Eglwys

**Rheswm:** I alluogi gwaith ar dymchwel yr Eglwys ac adeiladu Fflatiau a chanolfan Gymunedol i fynd rhagddo

**Hyd:** O 8.00am ar 21 Ionawr 2019 tan 5.00pm ar 20 Mai 2020

**Llwybr Arall:** Bydd dargyfeiriadau lleol wedi'u harwyddo ar waith.

**DS:** Cynhelir mynediad i drigolion a gwasanaethau brys.

**Dyddiedig 10 Ionawr 2019.**

Cyfarwyddwr Amgylchedd a Thai Cyngor Bro Morgannwg, Yr Alpau, Gwentf. CF5 6AA..



### THE VALE OF GLAMORGAN COUNCIL (CHAPEL LANE EAST, PENARTH) (ROAD CLOSURE) (TEMPORARY) ORDER 2019

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

#### SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

#### SCHEDULE 2

**Location:** The road to be closed is Chapel Lane East from the junction at Arcot Street to the rear of the Church Hall

**Reason:** To allow for demolition of Church and build new Apartments and Community Centre works to be undertaken

**Duration:** From 8.00am on 21st January 2019 until 5.00pm on 20th May 2020

**Alt. Route:** Local signed diversions will be in place.

**NB:** Access will be provided for residents and emergency services.

**Dated this 10th day of January 2019.**  
Director of Environment & Housing  
Vale of Glamorgan Council, The Alps,  
Wenvoe. CF5 6AA.



### GORCHYMYN CYNGOR BRO MORGANNWG (STATION ROAD (RHAN) DINAS POWYS) (CAU Ffordd) (DROS DRO) 2019

Mae Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14 Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill yn cynnig, mewn dim llai na saith diwrnod o ddyddiad yr Hysbysiad hwn, gwneud Gorchymyn a'i effaith gyffredinol fydd yr hyn a ddisgrifir yn yr atodlenni isod: -

#### ATODLEN 1

Ni fydd unrhyw berson yn achosi neu'n caniatáu i gerbyd modur deithio yn y lleoliad a nodir yn Atodlen 2 isod.

#### ATODLEN 2

**Lleoliad:** Y ffordd sydd i'w chau yw Station Road Dinas Powys o'r gyffordd â ffordd Caerdydd i'r gyffordd â'r Sgwâr.

**Rheswm:** Er mwyn galluogi gwaith i adnewyddu pibellau nwy i fynd rhagddo.

**Hyd:** O 8.00am ar 21 Ionawr 2019 tan 8.00pm ar 29 Mawrth 2019

**Llwybr Arall:** Bydd dargyfeiriadau lleol wedi'u harwyddo ar waith.

**DS:** Cynhelir mynediad i drigolion a gwasanaethau brys.

**Dyddiedig 10 Ionawr 2019**

Cyfarwyddwr Amgylchedd a Thai Cyngor Bro Morgannwg, Yr Alpau, Gwentf. CF5 6AA.



### THE VALE OF GLAMORGAN COUNCIL (STATION ROAD (PART) DINAS POWYS) (ROAD CLOSURE) (TEMPORARY) ORDER 2019

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

#### SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

#### SCHEDULE 2

**Location:** The road to be closed is Station Road Dinas Powys from its junction with Cardiff Road to its junction with the Square.

**Reason:** To allow for gas main replacement works to be undertaken

**Duration:** From 8.00am on 21st January 2019 until 8.00pm on 29th March 2019

**Alt. Route:** Local signed diversions will be in place.

**NB:** Access will be provided for residents and emergency services.

**Dated this 10th day of January 2019**  
Director of Environment and Housing  
Vale of Glamorgan Council, The Alps,  
Wenvoe. CF5 6AA





**NEW**



**Port Road East, Barry**  
Four Bedrooms,  
Two Recepts,  
Very Large Garden

**£239,950** tbc

**NEW**



**Fern Drive, Barry**  
Two Bedrooms,  
Large Garden  
Driveway

**£129,950** C71

**NEW**



**Court Mews, Court Road, Barry**  
First Floor Apartment,  
Two Double Bedrooms,  
GCH, DG

**£85,000**



**Chris Davies**

**SUPER ORDER**



**Nant Talwg Way, Barry**  
Five Bedrooms  
Bathroom & Separate Shower  
Log Burner, Beautiful Decor

**£379,950** E48

**NEW**



**Porthkerry Road, Barry**  
West End,  
Three Bedrooms,  
Two Recepts

**£179,500**


**POOL**



**Barry Road, Barry**  
Four Double Beds,  
Two Recepts,  
Indoor Swimming Pool

**£415,000** C69

**NEW**



**Clos Maes Dyfan, Barry**  
Two Bedrooms,  
Driveway,  
Well Presented

**£132,950** B81


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Barry **01446 700007**  
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West End Terrace, Llantwit Major

**Two Bedroom Cottage**  
**Country Style Kitchen/Diner**  
**West End Location**  
**Summer House/Office**  
**Council Tax Band D. EPC D64. £750pcm**


**Broad Street, Barry**  
**Four Bedroom House**  
**Master With En Suite**  
**Modern Kitchen**  
**Council Tax Band D. EPC E51. £895pcm**



**Kennedy Rise, Barry**  
3/4 bedrooms,  
2/3 receptions  
Very private rear garden

**£269,950** D58

**3 STOREYS**



**Milward Road, Barry**  
Three Beds,  
Over 3 Levels,  
Large Bathroom

**£141,900** D62

**NEW**



**Queen Street, Barry**  
West End Location,  
Three Bedrooms,  
Two Bedrooms

**£142,500** E53

**NEW**




**Havant Close, Rhose**  
2 Double Bedrooms; Sea Views  
Large Living Room; Refitted Kitchen  
White Bathroom & WC; No Chain

**£95,000** D67

**Dock View Road, Barry**  
**Superb Five Double Bedroom House**  
**Two Bathrooms**  
**Two Reception Rooms**  
**Council Tax Band D, EPC E51. £1100pcm**


**Westward Rise, Barry**  
**Spacious House**  
**Four Bedrooms, Master With En Suite**  
**Large Garden**  
**Council Tax Band E. EPC E54. £1300pcm**

**NEW**



**Fonmon Park Road, Rhose**  
2 Bedroom Semi - No Chain!  
Modern Kitchen and Bathroom  
3 Car Drive; Good Size Rear Garden


**£142,950** C69



**South View, Rhose**  
Three Bedrooms; No Onward Chain  
Delightful Open Channel Views  
Large Lounge & Kitchen

**£145,000** C89


**NEW**



**Fonmon Park Road, Rhose**  
3 Bedrooms; 2 Receptions  
Conservatory; Cloaks/WC  
Good Size Rear Garden

**£167,500** D65

**NEW**



**Showle Acre, Rhose**  
3 Bedrooms  
Exceptional Parking Facilities  
No Onward Chain

**£184,950** D67


**Station Road, Rhose**  
**Three Bedroom House**  
**Modern Throughout**  
**Master With Fitted Wardrobes**  
**Wooden Flooring**  
**Council Tax Band C. EPC D63. £795pcm**

**NEW**



**Picton Road, Rhose**  
3 Bedrooms & 2 Receptions  
Large Conservatory Extension  
Backing Lower Airport Grounds


**£194,950** D56



**Picton Road, Rhose**  
3 Bedrooms  
Generous Gardens  
Drive And Garage


**£195,000** D57

**NEW**



**Showle Acre, Rhose**  
3 Double Bedrooms  
Beautifully Refurbished  
Backing Open Countryside

**£245,000** C69



**Llwyn Y Gog, Rhose**  
Four Bedrooms; Two Receptions  
Glorious Channel Views  
No Onward Chain

**£252,500** C71

**High Street, Llantwit Major**  
**Four Bedroom Detached**  
**West End Location**  
**En Suite**  
**Driveway Parking**  
**Council Tax Band F. EPC D67. £995pcm**



**Bryn y Gloyn, Rhose**  
Four Double Bedrooms; Two Receptions  
Excellent Presentation & Landscaped Garden  
Views over Nature Reserve

**£312,500** C70


**NEW**



**Llwyn Y Gog, Rhose Point**  
Superb Size Detached - Sea Views  
5 Bedrooms; 3 Receptions; 3 Bathrooms  
Double Garage; Large Family Rear Garden

**£325,000** C89

**NEW**



**Heol Peartree, Rhose Point**  
5 Double Bedrooms; 3 Receptions  
Conservatory With Glass Roof  
Sea Views; Very Substantial House

**£425,000** D57



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Vale of Glamorgan Council  
Environment and Housing  
Civic Offices, Holton Road  
Barry CF63 4RU  
[www.valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk)

APPLICATION DEADLINE: 16TH JANUARY 2019

All Homes4U properties have double glazing and central heating unless otherwise stated and will be allocated to the maximum occupancy. It may take longer to rehouse you if you are awarded medical priority as there is a shortage of accessible and adapted homes in the Vale.

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- Rent £123.07 per week inc water

**WHITEWELL ROAD, BARRY**

H4U reference 228171

- Three Bed House
- Water Meter
- Walk in shower
- Rent £107.64 per week

**CARADOC AVENUE, BARRY**

H4U reference 204022

- Pref to larger families
- Three Bed Parlour House
- Rent £ 117.40 per week inc water

**TREHARNE ROAD, BARRY**

H4U reference 226317

- Three bed house
- Rent £111.87 per week inc water

**NORTH WALK, BARRY (NO PETS)**

H4U reference 217940

- Three bed flat
- First floor (no lift)
- Rent £104.33 per week inc water

**DOROTHY AVENUE, BARRY**

H4U reference 251312

- Two bed house
- Rent £115.06 per week inc water

**SOMERSET ROAD EAST, BARRY**

H4U reference 223949

- 55+ Not suitable for applicants requiring a level access property
- One bed bungalow
- Steps up to
- Level Access Shower
- Community Alarm
- Rent £111.11 per week inc water

**JEWEL STREET, BARRY**

H4U reference 213798

- 55+ Pref to apps with a medical priority
- One bed flat
- Ground floor
- Level access shower
- Community Alarm
- Rent £94.24 per week inc water/alarm

**NORTH WALK, BARRY (NO PETS)**

H4U reference 218188

- 40+
- One bed flat
- First floor (no lift)
- Rent £97.95 per week inc water

**LONGMEADOW COURT, COWBRIDGE (NO PETS)**

H4U reference 230344

- 60+ Pref to apps with a medical priority
- One bed flat
- First floor (lift)
- Level Access Shower
- Warden/Alarm
- Rent £124.24 per week inc water/warden

**PLASSEY HOUSE, PENARTH (NO PETS)**

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- 55+ Suitable for a single person
- Studio apartment
- Ground floor
- Community Alarm
- Rent £101.43 per week inc water/alarm

**REDLANDS HOUSE, PENARTH (NO PETS)**

H4U reference 243975

- 60+ Pref to apps with a medical priority
- One bed flat
- First floor (lift)
- Level access shower
- Warden/Alarm
- Rent £122.83 per week inc water/warden

**HEOL ST BRIDGET, ST BRIDES MAJOR**

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- Three bed house
- Rent £121.21 per week inc water

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H4U reference 1031987

- Two bed flat
- Second floor (no lift)
- Rent £105.02

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H4U reference 197514

- Two bed flat
- Second floor (no lift)
- Rent £107.65 per week

**GRAYBURN HOUSE, BARRY (NO PETS)**

H4U reference 112085

- Pref to apps with a medical priority. No children under 16
- Two bed flat
- Third floor (lift)
- Level access shower & raised toilet
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To apply call the hotline on (01446) 709433 / (01446) 709476, email us at [housingstrategy@valeofglamorgan.gov.uk](mailto:housingstrategy@valeofglamorgan.gov.uk) or apply in writing to: Housing Strategy Team, Vale of Glamorgan Council, Civic Offices, Holton Road, Barry CF63 4RU

Making Lives Better

Wale of Glamorgan Council    Hafod Housing Association    Newydd Housing Association    United People    Wales and West Housing Association

You must be a HOMES4U member to apply for any of the rented homes. When bidding for more than one property you will be asked to state your order of preference. All descriptions and other details are given in good faith and are believed to be correct but any potential tenant should satisfy themselves as to their correctness.





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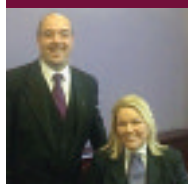
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## Family Notices

## PHIPPS

## Mary Rosina (née Lynch)

Peacefully after a long illness at the Waverley Care Centre, Penarth on Monday 31st December, aged 82 years. Devoted wife of the late Ray, much loved mam to Stephen and Paul and mother-in-law to Bernadette. Proud nan to Benjamin and Abigail.

*Mary will be sadly missed by all her family and friends in the UK and abroad.*

Mary's family wish to thank all family members, friends, neighbours, carers, health and social care workers who helped care for her at home, in Llandough Hospital and latterly at the Waverley and for their support for the family as her illness progressed.

Resting at A.G. Adams Funeralcare until being received into St Helen's Roman Catholic Church on Thursday, 17th January at 4.30pm, followed by Requiem Mass on Friday, 18th January at 10am and interment at Barry Cemetery. Flowers may be sent or donations in lieu if so desired for Alzheimer's Society c/o the funeral director.

## KELLS

## Deborah Ann (Debbie) (née Last)

Peacefully on 28th December at Marie Curie Hospice, surrounded by loved ones – Debbie, well known within Barry and deeply loved wife to Jimmy. Much loved mum of Charlotte and Sean, doting Nanna Bell of Teagan, Macsen and Ava. A loving daughter to Pat and Doug Last, loved sister of the late Nicola.

*She will be greatly missed by all who knew and loved her.*

Debbie is resting in the care of Lyndsay Ellis @ The Vale Funeral Service until a celebration of her life at Cardiff & Glamorgan Crematorium, Barry on Tuesday, 15th January at 1pm.

Family floral tributes only. Donations, if desired, may be made at the service or via Debbie's online tribute page at [www.valefuneralservice.co.uk](http://www.valefuneralservice.co.uk) to support Marie Curie Hospice, Penarth. Funeral arrangements entrusted to Anthony Thomas 01446 407962.

## KIDDIE

## Gertrude (née Morris)

After a short illness, at Llandough Hospital on 29th December 2018, aged 97 years, loving mother to Ronald and Alan, mother-in-law to Angela and Denise, cherished grandmother and great-grandmother to all her grandchildren.

*Gert will be sadly missed by all her family and friends.*

Resting at A.G. Adams Funeralcare, until the service at Cardiff & Glamorgan Crematorium on Friday, 11th January at 3pm.

Family flowers only, donations may be made in memory of Gert directly to Diabetes UK, Well Lawrence House, 126 Back Church Lane, London, E1 1FH.

## VOSS

## Jean

(of Wick)

Peacefully in her sleep on 17th December 2018 in the Hazlehurst Nursing Home, Penarth, at age 93. Wife of Vic for over 60 years. Loving mother of Roy, Shane and Ingrid, loving Granny to Maddy, Jake, Toby, Bryn and Nye. Much loved by all the wider family.

Funeral Service at the Cardiff & Glamorgan Memorial Park and Crematorium, Port Road East, Barry, Vale of Glamorgan, CF62 9PX on Monday, 14th January at 3pm. Informal cheerful dress code. All welcome.

Family flowers, a suggestion for donations in lieu would be Macmillan Nurses. Afterwards there will be a buffet at the Lamb & Flag, Wick, CF71 7QE. All welcome, whether or not attending crematorium.

## PARFITT

## Jacqueline Anne (née Collins)

Peacefully on 4th January 2019, Jackie, aged 69 years. Much loved aunt and cousin also a dear friend.

Resting at A.G. Adams Funeralcare until the service at Cardiff & Glamorgan Crematorium on Thursday, 17th January at 10am.

No flowers by request, donations in lieu, if so desired for The Dogs Trust c/o the funeral director.

## CLEMENTS

## Jeanette

Passed away peacefully at Llandough Hospital on 23rd December. Jeanette of Somerset Road East, Barry, dearly beloved sister of Lyndon and Joyce. Loving aunt to all her nieces and nephews.

Resting in the care of Lyndsay Ellis at the Vale Funeral Service, Court Road, Barry until her service at Cardiff & Glamorgan Crematorium, Barry on Tuesday, 15th January at 11am.

Flowers may be sent to the funeral home. Funeral arrangements entrusted to Anthony Thomas. Further information telephone 01446 407962.

## HODGKINSON

## George

Peacefully on 27th December at home, George of The Downs, St Nicholas. Much loved husband of Jean, loving father of Jeff and Leslie.

Father-in-law of Meirir and Sue. Dear grandfather of Michael, Louise, Nicola, Katie, Paul, Josh, Luke and Ellis.

*Sadly missed by all.*

Resting at Penarth Funeral Directors, Hickman Road Funeral Home until the service at St Nicholas Church, St Nicholas village on Thursday, 10th January at 2.30pm, followed by burial in the churchyard.

Family flowers only. Donations for Guide Dogs for the Blind may be received on the day.

## WITHERS

## Marion Flora

Passed away peacefully at Springbank Nursing Home, on 28th December 2018, aged 90 years.

Funeral service to take place at St Mary's Church, Barry at 1pm on Wednesday, 16th January, followed by committal at Cardiff and Glamorgan Crematorium, Port Road East, Barry at 2pm.

Family flowers only. Donations, if desired, can be made to RNLI Barry in memory of Marion.

## THOMAS

## Sheila

Passed away peacefully on 29th December 2018 at the Princess of Wales Hospital. Beloved wife of Louis, mother of Maxwell, mother-in-law of Ruth.

*Sheila will be sadly missed by all her family and friends.*

Cremation and service at Coychurch Crematorium at 2.15pm on Thursday, 17th January 2019. Donations in lieu of flowers to RNLI (Barry branch), The Pierhead Buildings, The Outer Harbour, Barry Docks, Barry, CF62 6QS.

## EWING

## Ronald Wyatt

Died peacefully at home on Saturday, 29th December 2018, aged 82 years. Much loved, he will be missed by his wife Shirley, family and friends.

The funeral will take place at Coychurch Crematorium on Friday, 18th January 2019 at 2.15pm. Family flowers only please. Donations to Cancer Research Wales, if desired, can be sent to Cancer Research Wales, Velindre Hospital, Whitchurch, Cardiff, CF14 2TL.

## SCOTT

## Tim

It is with great sadness that we announce the sudden death of Tim on 18th December 2018.

*Tim will be deeply missed by all of his family.*

The funeral will take place on Monday, 21st January 2019 at Croesyceiliog Crematorium, Cwmbran at 10am.

## MILES

## Patricia Jean

Peacefully on 27th December at Marie Curie Hospice in Penarth, Pat (née Billington) in her 67th year. Greatly missed by her husband Ronnie; daughters Maxine, Mellonie and the late Malissa; grandchildren Myles, Matthew, Mathias and Edgar James and 'In laws' Paul and Fern.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Funeral Monday, 14th January, service and cremation 3.15pm at Coychurch Crematorium, Bridgend. Family flowers only. Donations in Pat's memory to Marie Curie Cancer Care, Holme Tower, c/o the funeral director.

## MORGAN

## Gwynneth Mary

Peacefully at Brocstle Manor Nursing Home on Sunday, 6th January, aged 87 years. Beloved wife of Ray Morgan, Blacksmith - Picketston.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Funeral Monday, 21st January, service and cremation 11am at Coychurch Crematorium, Bridgend. Family flowers only.

## LINTON

## Clive

It is with a broken heart the family announce the passing of Clive. Much loved and devoted husband, father, bampy, father-in-law and uncle.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Service to celebrate Clive's life on Friday, 18th January 1pm at St Mary's Church, Penmark. Family flowers only, donations in Clive's memory to the Donkey Sanctuary c/o the funeral director.

## WATERS

## Kathleen Rose (née King)

Passed away peacefully on Wednesday, 2nd January 2019 at University Hospital Wales, after a short illness. Wife of the late Jimmy, mother to Gaynor, the late Adrian, the late David, Ian and Sara-Jane. Kathleen is survived by her 10 grandchildren and 14 great-grandchildren.

Resting at Robert D. Johnson Funeral Directors, 29 Holton Road, Barry. Funeral service to take place at Cardiff and Glamorgan Crematorium, Port Road, Barry on Monday, 21st January at 1pm.

Family flowers only by request, but donations may be made in lieu of flowers to Holme Towers, Penarth. Friends and family are welcome at The Cherry Orchard, Barry following the service.

## Acknowledgements

## JAMES

## Thomas (Tom)

Lynne, Simon and Stuart wish to thank family and friends for their kind messages and for attending Tom's celebration of life.

Thank you to the doctors and staff at Holme Towers, Kate Weston, Humanist and Robert D. Johnson Funeral Directors for their help and support at such a heartbreaking time.

Also, thank you to everyone who kindly donated to Holme Towers in Tom's memory.

## Graduation Notice

## Ms Rebekah Louise Dee

MA, PGCE, BA (Hons)

*Bamp and I wish to congratulate you on attaining your Masters Degree.*

*You have worked so hard and truly deserve your success.*

*We are so very proud of you darling.*

*All our love always,  
Nan & Bamp Dee  
xxx*

## Birthdays

## Mac Anderson

## Happy 70th Birthday

on 14th January  
Have a lovely day  
Lots of Love  
Lindy xxx

## MAC ANDERSON

## Happy 70th Birthday

Dad

on 14th January

Have a great day!

Love Ross & Toni xxx

## Mac Anderson

## Happy 70th Birthday

on 14th January

Hope you have a fab day.

Lots of Love

Nicola & Lee xxx

## Mac Anderson

## Happy 70th Birthday

'Old Fella'

(Gramp, Bamp & Mac)

on 14th January

Enjoy your day!

Love Cer, Cian, Taya & Lucca xxx

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## Mum

on 10th January 2019.

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dean.amos@monmouthshirebeacon.co.uk

**Closing date for applications: Wednesday 16th January 2019**

# Gerald gets his revenge at St Athan Golf Club

**THE first Sunday of January is always reserved for the traditional 'Captain's Drive-in' at St Athan Golf Club and the members were fortunate that the recent easterly winds had diminished for the day.**

As is customary, Liz Thomas relinquished the captain's jacket and presented it to Gerald Thomas, who takes the helm throughout the coming year, assisted by newly appointed vice-captain Luke Sloan.

Gerald appeared relaxed on the tee and impressed his fellow golfers with a magnificent drive down the first fairway, resulting in Gary James being the lucky recipient of a bottle of whisky for correctly estimating where the captain's ball would come to rest.

With the formalities completed, the Pee Wee competition was then played in high spirits with a four-ball-better-ball captain versus vice-captain format.

Several players were competing in this event for the first time and they were delighted, albeit surprised, to find that their new captain had strategically placed various bottles of spirits around the course; they were assured by long-standing members that it was purely medicinal in enabling them to maintain a constant body temperature throughout the competition!

Since the formation of the club in 1976, the team representing the vice-captain has always had more success than

their opponents, only an incorrect score card entry depriving them in 2018, and leaving Gerald, as last year's vice-captain, with a score to settle.

Gerald had cherry-picked his son, Will, as his partner and they complimented each other perfectly, both players carding a two and completing their game with 46 points, putting them at the top of the leader board. Three pairings returned 45 points which, after the count-back rule was implemented, resulted in Tom Tait and Gwyn Favell being awarded second place.

Gerald was ecstatic when the final team score was announced, 8-3 to the captain's side. He duly accepted the trophy, a chamber-pot laden with alcohol, to pass around the victors.

The challengers were generous with their plaudits and were extremely enthusiastic in assisting the winners in consuming the contents of the pot and as the day came to a close they were definitely more vocal with the predicted outcome for 2020.

Gerald and his fellow members at St Athan Golf Club extend their warm wishes to all fellow golfers.

They offer a warm welcome to golfers of all ages and ability, anyone interested in joining the club should contact the manager on 01446 751043.

Carol Morgan



## Barry Athletic under-18s are kitted out



**BARRY Athletic are pictured in their new kit sponsored by successful business ORBITS IT.**

After a very impressive double in the junior football last season, Barry Athletic are embarking this year in the South Wales Youth League (under-18s) with a huge amount of confidence. Barry Athletic are the only team to represent Barry at this level.

The team have had an excellent start, winning nine of their first 11

games. The team have their sights set on a top two spot, and have also reached the last sixteen of the League Cup.

The club and coaches would once again like to thank ORBITS IT for their sponsorship and support this season, with a special thanks to Jim Lewington, managing director, and Dean Bengough, operations manager.

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## All-day bowls competition at Sully a success

**FOLLOWING the great work of recent years, the new officers of Sully Indoor Bowls Stadium have embarked on a very proactive plan to bring life back to the social side as well as the bowling side.**

Over the festive period a very successful all-day triples tournament was held. With breakfast and lunch included, 24 teams enjoyed a good day's sport and by tea time it was down to a final between the Devils - Lynva Bowen, Sue Britton and Hugh

Mulcock - against Bam Rhooose - Sue Dance, Annette Shears and Brian Shears.

The Devils held on over seven ends to win this first event and special thanks must go to CAB 64 for their sponsorship.

As well as changes to the bowling surface, new lighting, redecoration, and new computer systems in the stadium have brought a new lease of life.

On Thursday afternoons bingo sessions have started all are welcome and there are plenty of events scheduled over the next few months.

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**16 66 HYUNDAI SANTA FE 2.2 CRD Premium 5dr Automatic (7-Seater)**, Hyundai warranty Sept 2021, sat nav, 18" alloys, cruise, privacy glass, 18k, black, full leather.....**£20995**

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**17 67 KIA SPORTAGE 2.0 CRD GT-Line S 5dr Automatic**, Kia warranty Oct 2024, sat nav, pan roof, reverse camera, 13k, red, full leather.....**£22995**

**15 65 LAND ROVER DISCOVERY SPORT 2.0 TD4 180 HSE Black 5dr Automatic 4x4 7-Seater**, pan roof, sat nav, reverse camera, 20" alloys, 26k, orange, full leather.....**£26995**

**17 17 LAND ROVER DISCOVERY SPORT 2.0 TD4 SE 5dr Tech Pack Automatic (7 Seater)**, Land Rover warranty April 2020, sat nav, 10k, black, half-leather.....**£26995**

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**15 65 NISSAN X-TRAIL 1.6 DCI Tekna 5dr 4WD (7-Seater)**, sat nav, reverse camera, met green, full leather.....**£15795**

**16 16 VW GOLF 2.0 TSI BlueMotionTech R 5dr 4WD (300bhp)**, VW warranty June 2019, xenons, cruise, 15k, choice.....**£20995**

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**15 65 VW TIGUAN 2.0 TDI BMT Tech Match 4Motion 5dr**, sat nav, 17" alloys, white.....**£13995**

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15 65 BMW 116 D Efficient Dynamics Plus 5dr, sat nav, Bluetooth, cruise, dab, choice .....£10995

15 64 BMW M135i 3.0 M Sports 5dr automatic, sat nav, Bluetooth, 34k, orange, full oyster leather .....£17295

16 66 BMW 320i M Sport GT 5dr, BMW warranty Dec 2019, sat nav, heated seats, full black panel display, privacy glass, silver, full leather .....£15495

17 67 BMW 330 2.0 E SE 4dr Automatic, BMW warranty Sept 2020, sat nav, 18" M sport alloys, 11k, privacy glass, choice .....£18995

16 66 BMW 420i M Sport Gran Coupe 4dr Automatic, BMW warranty Oct 2019, sat nav, reverse camera, heated seats, 16k, white, full leather .....£20995

16 16 BMW 430i M Sport 2dr Automatic, M sport plus pack, 19" alloys, Harman Kardon, wide screen sat nav, met grey, full leather .....£21495

15 15 BMW 435 3.0i M Sport Convertible Automatic, sat nav, reverse camera, Harman Kardon, black, full leather .....£22995

16 16 BMW 420 D 190 M Sport 2dr Automatic (190bhp), sat nav, heated seats, grey, full leather .....£17495

15 15 BMW 520 DSE 4dr Automatic, sat nav, 18"alloys, heated seats, choice, full leather .....£12995

15 65 BMW 520 DM Sport 4dr Automatic, sat nav, 18"alloys, heated seats, choice, full leather .....£14495

15 15 BMW 530 3.0 D M Sport Estate Automatic, m sport + pack, sat nav, 19"alloys, grey, full leather .....£17995

15 15 BMW M5 4.4 4dr DCT Automatic, sunroof, sat nav, reverse camera, 20"alloys, 34k, blue, full leather .....£29995

16 66 CITROEN C1 1.0 VTI Feel 5dr, Citroen warranty Oct 2019, air-con, Bluetooth, aux, usb, dab, choice .....£5795

17 67 CITROEN C3 1.2 Pure Flair 5dr, Citroen warranty Dec 2020, sat nav, Bluetooth, reverse camera, 11k, silver .....£9995

14 14 CITROEN DS3 1.6 E-HDi 115 Airdream DSport 3dr, air-con, aux, cruise, 30k, white .....£6995

16 66 DS DS3 1.6 BlueHDI Prestige 3dr, sat nav, Bluetooth, cruise, dab, black .....£8495

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15 15 FIAT 500 1.2 S 3dr, air-con, Bluetooth, alloys, aux, usb, white, half-leather .....£5795

16 16 FIAT 500 1.2 Pop Star 3dr, air-con, alloys, aux, usb, 12k, pink .....£6795

17 17 FIAT 500 1.2 Lounge 3dr, pan roof, Bluetooth, PDC, 14k, choice .....£7295

15 65 FIAT 500X 1.6 D MultiJet Cross 5dr, 17"alloys, Bluetooth, privacy glass, 31k, red .....£9295

16 65 FORD ECOSPORT 1.0 EcoBoost Titanium 5dr, cruise, Bluetooth, aux, blue, half-leather .....£8995

16 66 FORD FIESTA 1.0 EcoBoost 140 ST-Line 3dr, Ford warranty Nov 2019, air-con, 17"alloys, privacy glass, 15k, black .....£9995

18 67 FORD FIESTA 1.0 EcoBoost ST-Line 3dr (New Model), Ford warranty Feb 2021, sat nav, 17"Alloys, Bluetooth, 8k, choice .....£12995

16 66 FORD FOCUS 1.5 TDCI Titanium X Estate, Ford warranty Nov 2019, sat nav, 17"alloys, 29k, black, half-leather .....£12495

12 12 FORD FOCUS 1.6 TDCI 115 Zetec S 5dr, Bluetooth, 17"alloys, 55k, white .....£6995

15 15 FORD FOCUS 2.0 TDCI Titanium X Navigation 5dr, reverse camera, heated seats, black, half-leather .....£9295

15 65 FORD FOCUS 2.0 TDCI 185 ST-3 Navigation 5dr, sat nav, heated seats, blue, full leather .....£12995

16 66 FORD KUGA 1.5 T EcoBoost ST-Line 5dr, Ford warranty Jan 2020, sat nav, cruise, Bluetooth, 23k, white, half-leather .....£17495

14 64 FORD MONDEO 1.6 TDCI Eco Titanium X Business Edition Estate, sat nav, pdc front + rear, red, half-leather .....£8995

15 65 FORD MONDEO 2.0 TDCI Econetic Titanium 5dr, sat nav, cruise, dab, aux, choice .....£9995

15 65 JAGUAR XE 2.0 D 180 R-Sport 4dr Automatic, sat nav, cruise, heated seats, dab, privacy glass, 25k, black, full leather .....£17495

14 64 KIA CARENS 1.7 CRDI 3 5dr (7-Seater), Kia warranty Oct 2021, pan roof, reverse camera, 33k, silver, full leather .....£11995

11 11 KIA SPORTAGE 1.7 CRDI 1 5dr, Bluetooth, cruise, aux, usb, 37k, silver .....£7995

17 67 KIA SPORTAGE 1.7 CRDI 3 ISG 5dr, Kia warranty Sept 2024, pan roof, sat nav, 19"alloys, reverse camera, 19k, blue, full leather .....£18495

16 16 MAZDA 2 1.5 Sport Nav 5dr, Mazda warranty June 2019, sat nav, cruise, privacy glass, 28k, red .....£8995

15 15 MAZDA 3 2.2 D Sport Nav 5dr, heated seats, sat nav, 18" alloys, black, full leather .....£9495

15 15 MAZDA CX-5 2.2 D Sport Nav 5dr, sat nav, Bluetooth, reverse camera, 19"alloys, red, full leather .....£12495

18 67 MERCEDES A200 2.2 DSE 5dr Automatic, Mercedes warranty Feb 2021, sat nav, reverse camera, 15k, grey, full leather .....£16995

16 66 MERCEDES AMG C63 4.0 Premium Estate Automatic, Mercedes warranty Oct 2019, pan roof, sat nav, reverse camera, 21k, black, full leather .....£36995

15 65 MERCEDES C300 2.2 H Sport Premium Estate Automatic, sat nav, pan roof, reverse camera, 38k, blue, full leather .....£19795

16 66 MERCEDES CLA200 Sport Estate, Mercedes warranty Oct 2019, sat nav, cruise, Bluetooth, 12k, grey, half leather .....£17995

13 13 MERCEDES E220 2.2 CDI SE 4dr 7G Automatic, sat nav, 31k, silver, full leather .....£13495

16 16 MERCEDES E220 D AMG Line 4dr 9G-Tronic (New Model), sat nav, cruise, heated seats, choice, half-leather .....£21495

15 15 MERCEDES E250 2.2 CDI AMG Line Convertible 7G Automatic, sat nav, heated seats, 32k, white, full leather .....£18995

15 65 MINI COOPER 1.5 D 5dr, chilli pack, sat nav, orange, half-leather .....£9995

16 66 MINI COOPER 2.0 D S 5dr, Mini warranty Oct 2019, privacy glass, Bluetooth, dab, 16" alloys in black, 6k, white .....£12995

17 17 MINI COOPER 2.0 S Seven 5dr (192bhp), Mini warranty June 2020, media pack XL, sat nav, chilli pack, 8k, black .....£16495

15 65 NISSAN JUKE 1.6 DIG-T Tekna 5dr (187bhp), sat nav, reverse camera, white, full leather .....£9795

17 67 NISSAN QASHQAI 1.2 DIG-T Acenta 5dr (New Model), Nissan warranty Jan 2021, sat nav, tech pack, 5k, red .....£15495

15 65 NISSAN QASHQAI 1.5 DCI N-Tec + 5dr, sat nav, pan roof, reverse camera, cruise, choice .....£11495

16 66 NISSAN X-TRAIL 1.6 DCI Acenta 5dr X-Tronic 7-Seater, Nissan warranty Oct 2019, pan roof, cruise, 23k, black .....£16495

15 15 PEUGEOT 2008 1.6 E-HDi Allure 5dr Automatic, cruise, Bluetooth, black .....£7995

17 67 RENAULT CAPTUR 0.9 TCE Energy Expression + 5dr, Renault warranty Nov 2021, Bluetooth, cruise, 6k, black .....£10995

14 64 RENAULT CAPTUR 1.5 DCI Dynamique S Medianav Energy 5dr, sat nav, reverse camera, 23k, choice .....£8495

15 65 RENAULT CLIO 0.9 TCE Dynamique S MediaNav 5dr, Renault warranty Jan 2020, sat nav, 23k, black .....£7995

15 65 RENAULT CLIO 1.5 DCI 90 Dynamique S Nav 5dr, Renault warranty Nov 2019, sat nav, cruise, aux, choice .....£7995

16 66 RENAULT KADJAR 1.5 DCI Energy S Dynamique Nav 5dr, Renault warranty Dec 2020, sat nav, 19"alloys, cruise, 9k, silver .....£14495

15 15 RENAULT TWINGO 1.0 Dynamique 5dr, air-con, cruise, Bluetooth, 37k, white .....£5295

16 16 SEAT LEON 2.0 TSI Cupra 3dr (290bhp), Seat warranty August 2019, sat nav, heated seats, 19"alloys, 15k, red, full leather .....£16995

16 66 SKODA OCTAVIA 2.0 TDI SE-L 5dr, Skoda warranty Dec 2019, sat nav, Bluetooth, dab, black .....£11995

17 17 SKODA SUPERB 2.0 TDI Laurin & Klement 5dr DSG Automatic, sat nav, Bluetooth, full leather, silver .....£18995

16 16 SUZUKI VITARA 1.6 DDIS SZ5, Suzuki warranty Feb 2019, sat nav, reverse camera, pan roof, turquoise .....£11495

17 67 VAUXHALL ASTRA 1.6 CDTi Elite 5dr, Vauxhall warranty Oct 2020, sat nav, Bluetooth, 20k, silver, full leather .....£11995

16 16 VAUXHALL INSIGNIA 1.6 CDTi ecoFLEX Design 5dr, Bluetooth, cruise, 28k, silver .....£8995

14 64 VAUXHALL INSIGNIA 2.0 CDTi ecoFlex SRI VX-Line 5dr, vxr styling pack, sat nav, 19"Alloys, Bose, 33k, black .....£10495

17 66 VAUXHALL INSIGNIA 2.0 CDTi (170) EcoFlex SRI NAV Estate, Vauxhall warranty Jan 2020, sat nav, 17"alloys, 22k, met blue .....£10995

16 66 VW GOLF 1.0 TSI Match BlueMotion Edition 5dr, VW warranty Sept 2019, sat nav, heated seats, Bluetooth, cruise, 10k, silver .....£13995

16 16 VW GOLF 2.0 TDI GTD 5dr, VW warranty June 2019, sat nav, cruise, Bluetooth, heated seats, choice .....£15495

16 66 VW POLO 1.4 TSI ACT Blue GT 3dr, VW warranty Dec 2019, electric glass sunroof, Bluetooth, cruise, choice .....£11995

16 66 VW SCIROCCO 2.0 GT TDI BLUEMOTION TECHNOLOGY 3dr, VW warranty Nov 2019, sat nav, cruise, Bluetooth, 16k, white .....£15995

16 66 VW TIGUAN 2.0 TDI BMT SE NAV 5dr, VW warranty Oct 2019, sat nav, cruise, 18"alloys, aux, usb, 9k, grey .....£20995

15 15 VOLVO V40 1.6 D2 R-Design 5dr, cruise, heated seats, dab, Bluetooth, choice .....£10495

16 66 VOLVO XC60 2.0 D4 R-Design Lux Nav 5dr Automatic, Volvo warranty Oct 2019, sat nav, heated seats, 18"alloys, privacy glass, 23k, black, half-leather .....£21995



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16 16 BMW 520 D M Sport 4dr Automatic, pro media, M sport + pack, grey, full leather

**£15995**

14 64 NISSAN QASHQAI 1.5 DCI N-Tec + 5dr, sat nav, pan roof, reverse camera, Bluetooth, white

**£9995**

KIA WARRANTY SEPT 2023

16 66 KIA SPORTAGE 1.6 GDI 1 5dr, air-con, cruise, Bluetooth, dab, 17k, choice

**£11995**

17 17 HONDA CIVIC 1.5 VTEC Sport 5dr, sat nav, reverse camera, privacy glass, 23k, blue

**£15995**

FORD WARRANTY OCT 2020

17 67 FORD FIESTA 1.0 EcoBoost Zetec 5dr, sat nav, Bluetooth, 7k, black

**£9995**

15 15 DS DS4 1.6 BlueHDI DStyle Nav 5dr, sat nav, cruise, pdc, aux, white

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15 65 FIAT 500 0.9 TwinAir Vintage 57 3dr, Bluetooth, blue, full leather

**£5995**

16 66 NISSAN QASHQAI 1.5 DCI N-Vision 5dr, sat nav, pan roof, reverse camera, half-leather

**£12995**

12 62 BMW 118 D Sport Plus Edition 2dr, heated seats, privacy glass, 55k, black, full leather

**£9495**

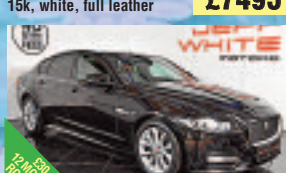
17 67 SEAT LEON 1.4 TSI 125 FR Technology 5dr, sat nav, cruise, Bluetooth, 9k, choice from

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16 16 SMART FORFOUR 1.0 Prime Premium 5dr, sat nav, heated seats, 15k, white, full leather

**£7495**

15 65 FORD KUGA 2.0 TDCI Titanium 5dr, cruise, Bluetooth, blue, half-leather

**£11495**

16 66 JAGUAR XF 2.0 D (180) R-Sport 4dr Automatic, sat nav, heated seats, choice, full leather

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16 16 FIAT 500X 1.3 D MultiJet Pop 5dr, air-con, cruise, alloys, 20k, silver

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- 63 **DACIA Sandero Ambiance** In black, 53,000 miles .....**£4,495**
- 62 **HYUNDAI i10 Active 1.2** In white, 34,000 miles, £20 road tax, low insurance ..... **£4,495**
- 12 **HYUNDAI i10 Classic 1.2** In silver, 22,000 miles, 2 owners, a/c, etc, £20 road tax .....**£4,495**
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- 12 **KIA Picanto 1.0 3-Dr** In black, 47,000 miles, free road tax, low insurance .....**£3,995**
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## Barry Town United ladies back with bang!

**BARRY Town United Ladies** kicked off their first league match of 2019 with a home fixture against Merthyr Town on Sunday looking to build on strong first half of the season.

The fixture was to be the reverse match from the opening game of the season where Barry came away with three points after a 3-1 in September, and they went into this game knowing Merthyr would offer a stern test following a four-week break.

The home side made several changes to the starting line-up with Taylor Page, Emma Cannon coming back into the team. Chloe Clarke also returned following a six-week injury lay-off and development ladies goalkeeper, Ruth Stanley, was also called up for first team action.

Both teams started the game with a good intensity, and with plenty of attacking threat at both ends of the pitch this was a game seem destined to see plenty of goalmouth action.

It was the home side that took the lead on 15 minutes when a perfect set piece delivery from captain Charlotte Preen was converted by Sian Rees at the far post, giving Barry the perfect start.

Merthyr, however, responded well and just three minutes later found themselves back on level terms when a swift counter and cross-field ball was headed in over goalkeeper Stanley to make it 1-1.

Both teams were looking to take the initiative



Olivia Townsend.

but the game became a scrappy affair who both teams guilty of giving possession away on a regular basis, but Barry did restore their lead on 31 minutes when Preen's through ball found Rees, who broke the Merthyr offside trap and she confidently chipped the ball over the advancing goalkeeper Molly Facey.

The home side were back in front but again their lead didn't last long as Merthyr once again responded.

A through ball found Alicia Davies who raced away but Emma Thompson made an excellent recovery tackle but the Barry defence failed to scramble the ball away and Isabelle Kaler rifled a shot into the top corner from 20 yards to make it 2-2.

Barry once more found themselves in front on the stroke of half-time, Preen with a spectacular effort from 25 yards looping the ball over the goalkeeper to make it 3-2 at half-time to the hosts.

With the game still very much in the balance, Barry settled down

in the second half and looked to dominate possession and they gave themselves some breathing space early in the second half with a fourth goal on 50 minutes.

A cross from the left gave Cannon a chance to score but she was denied by a fine block with the ball rolling to Olivia Townsend who placed the ball into an empty net.

The home side were looking far more comfortable at this point dictating the majority of the play and breaking through the Merthyr mid-field at regular intervals.

Cannon though she had made it five when she chipped the ball over the goalkeeper but it was ruled out for offside. Rees also had the chance to seal her hat-trick when Barry were awarded a penalty for a handball but her spot kick rebounded off the inside of the post to keep the score at 4-2.

Townsend capped a strong second half performance with her second of the game with a well taken finish to make it 5-2 in the 90th minute and Chelsea Deacon topped an industrious display when she raced through on goal and chipped the goalkeeper in injury time to make the final score 6-2.

A good performance and result for Barry against a Merthyr side that have improved as the season has progressed, and following other results Barry now find themselves back into second place and just one point behind leaders Caldicot, who Barry travel to play this weekend.

LW



**COTTRELL Park ladies' Christmas lunch began with a drinks reception which put the ladies in a festive mood.**

The lady captain was greeted with a standing ovation followed by her little helpers (the ladies' committee) dressed in Christmas tree outfits!

A superb Christmas meal was presented by Cottrell Park which was really enjoyed by all.

Prizes were given out for the summer season to Lorraine Pointon Bell for Dragon Broach with the Pencarreg Cup Super 70 and medal given to Patricia Roe,

the Grandmothers Cup to Patsie Smith, Aberthir Cup to Sara Alexander and the Summer League trophy to Chris Impey.

The Cup of Achievement for the person who has lowered their handicap most went to Sarah Wallace, with the Eclectics won by Helen Little and Helen Evans.

The raffle was won by Regina Drew, with the price being a hamper.

A gift was given to each lady from the captain with good wishes for a happy new year and good golfing.

LPB

## Beavers hit the water at New Year's Day Dip!



Left to right: Chris (Gorden) Economides, Abby Finch, Nicholas Cushen and Cath Jones.

**ON January 1, four members of Barry Beavers Disabled Swimming Club took part in this year's New Year's Day Swim at Whitmore Bay Barry Island, organised by Ty Hafan this year.**

The four members were Abby Finch, Cath Jones, Chris (Gorden) Economides and

Nicholas Cushen and they were supported by Pat Finch, Ffion Jones, Shelia Williams, Kyle Siarak and Mai. The four members along with hundreds of other swimmers who took part gathered together by the start point before the dash and were given some warm up exercises before the start.

On the 'go!' everyone went and dashed into the seemingly cold water in groups. A lot of swimmers took part in fancy

dress as Minions, superheroes and so on, some wore inflatable armbands and other inflatables. Those who took part enjoyed themselves, although they did feel the chill but it was fine after a while doing it; but the weather was also on our side and pleasant during that day.

The four members who took part were awarded medals and a token for a warm drink for taking part on the day.

## The Vale of Glamorgan Football League round-up

**AFTER an enforced winter break that only saw a small handful of games played December, the Vale league brought in the New Year with goals galore.**

It was derby day in the Premier Division as Barry Athletic picked up where they left off with a 4-1 Barry Island derby victory over Island Marine. Athletic remain four points ahead of Penarth Town having played two games less.

Penarth kept near the leaders with a derby win too, as they edged Sully Sports 2-1, while third place AFC Rhose lost ground on the leaders, to whom they have a game in hand, as they were held to a 2-2 draw at home by St Athan.

In Division One, champions-elect Holton Road thumped Cardiff Airport by a score of 8-3 - the result sees Holton Road now 19 points clear at the top with 14 wins from 14 games. With seven games remaining it would take a catastrophic collapse by the leaders not to be crowned champions.

Below the run-away leaders it is far tighter as eight points

separate second and seventh. Cadroxton Imps remained second with an impressive 5-3 win over Cadroxton Barry in another derby, while Tynwydd stayed level on points with the Imps with a thrilling 4-3 victory over Cogan Coronation.

Down at the foot of the table Cwm Talwg were triumphant over SP Billy in a nine goal cracker, 5-4.

In Division Two, AFC Rhose B moved into an advantageous position atop of the division as they got past Penarth B 2-1, while second-placed St Athan B slipped to a 1-0 defeat to Barry Vikings, who close the gap on second to two points. AFC Rhose B are four points ahead having played a game less.

Barry Athletic B went fourth with a 4-1 win over Vale Madrid while Island Marine secured a second successive three points, defeating Cadroxton Athletic 6-2. That's five league games without a win for Athletic, whose good early-season form seems to have deserted them.

The league action continues this week (weather permitting).

HD

## Barry and District mens skittles league results

**ALAN Rosser Cup:**

Group A - Billy Whizz 294, Royalists 270; Barry Park B 277, Tynny Lads 272. League: Billy Whizz 4, Royalists 4, Barry Park B 4, Tynny Lads 0.

Group B - British Rail 353, Cannon Balls 332; Park Lads 362, KP Rejects 335. League: Park Lads 4, KP Rejects 4, British Rail 2, Cannon Balls 2.

Group C - 49ers 317, H Bells 289; Hairy Lemons 294, Alternatives 280. League: H Bells 4, 49ers 4, Hairy Lemons 2, Alternatives 0.

Group D - Mighty Dockers 213, Glenbrook Flyers 191; Geest 271, Cocoa Nuts 260. League: Geest 4, Mighty Dockers 4, Glenbrook Flyers 2, Cocoa Nuts 0.

Group E - Posties 293, Colcot Boys 259; Cavaliers 274, Abercrete 285. League: Posties 4, Cavaliers 4, Abercrete

2, Colcot Boys 2. 6, BP Breakaways  
GROUP F - Exiles 4, Billy Bluebirds 2.  
249, Witchill Nomads 256; Castle Boys 258, GROUP H -  
Bunker Boys 275. Ex - Servicemen  
League: Sea View 268, C.U.D. 264;  
8, Bunker Boys 4, Master Mariner 0,  
Castle Boys 4, Exiles Blue Monkey 5.  
2, Witchill Nomads 2. League: Merrymen  
GROUP G - Witchill 8, Blue Monkey 6,  
Poachers 235, Park Ex-Servicemen 4, C.U.D.  
Rangers 291; Billy 2, Master Mariner 0.  
Bluebirds 245, BP View all results  
Breakaways 292. and tables at bar-  
League: Park Rangers ryleagues.co.uk  
8, Willie Wombles JW

## Tynwydd's seven-goal thriller

**ON a dank murky afternoon, Tynwydd FC met Cogan for the third league match in succession, with each side taking a victory previously at the end of 2018.**

Cogan, with a more familiar line-up to the team that Tynwydd faced in their victory, started the better of the two sides and took the lead after 15 mins but Tynwydd hit back and equalised virtually straight away.

A through ball by new signing Richard Yarr, a shrewd January signing by manager Gareth Union, found Craig Rattenbury one-on-one with the keeper and he made no mistake, levelling the match at 1-1.

With the half drawing to a close Lewis Union picked up the ball in his own half and sprayed a 50 yard crossfield ball to Elliot Hicks.

With a superb first touch Hicks cut in off the right and his looping shot flew over the Cogan keeper to make it 2-1 at the interval.

Midway through the second half a botched free kick routine left Pravesh Pydannah in space to cross into the box where he found a towering George Pycroft, who neatly cushioned his header back across goal to Yarr.

The debutant made no mistake, calmly side-footing his volley into the top corner to make it 3-1 and seemingly wrap up all three points.

That was not to be the case as Cogan came on strong in the last 15 minutes and caught Tynwydd cold with two quick sucker-punch goals to make it 3-3.

With only minutes remaining, and Tynwydd looking like they'd thrown away the lead, they managed to create enough pressure to

grab a late corner and one last chance.

This was a chance they would take after a ball from Yarr was met by Hicks at the front post, and he glanced in his header in to snatch the lead back and guarantee victory.

This was a true never-say-die victory from the Tynwydd, with great commitment shown from all the players.

Man of the match went to Elliot Hicks for his two-goal haul, including the winning goal, but there were some stand-out performances from Richard Yarr on his debut and George Pycroft, who was an absolute colossus at the back.

Squad: C.Coleman, P.Pyddannah, S.Eveleigh, L.Clarke, G.Pycroft, E.Hicks, O.Cooke, L.Union (c), R.Yarr, D.Gibbs, C.Rattenbury, J.Shepherd, J.Williams, J.Pearce, L.Peterson, G.Union.

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## Barry Town United start year in style with big win



**ABOVE LEFT:** Mo Touray's overhead kick put Barry back in front, while **ABOVE RIGHT:** Hat-trick hero and captain Jordan Cotterill celebrated in style on Saturday.

**AFTER another unhappy New Year's Eve at Cardiff Met ended in a 3-0 defeat, Barry Town United roared into 2019 on Saturday afternoon with a rousing 5-2 victory at Cefn Druids.**

Having been denied a seemingly stonewall penalty at Cyncoed on December 31st, before Charlie Corsby quickly struck to put Barry on the back foot, Adam Roscrow and Eliot Evans would complete the job late on and continue the misery of successive defeats in the capital.

While the trip to the Cyncoed Campus offered a dour experience, Saturday's match

at The Rock was anything but, with spectacular goals and a bouncy atmosphere contributing to a memorable match and Barry's first ever win at The Rock, on what was their third attempt.

Starting slightly more brightly than their north Walian opponents, Barry carved out several chances in the game's formative stages, most notably when Kayne McLaggan raced onto a Mo Touray through ball, only for Druids goalkeeper Michael Jones to block with his feet.

It was McLaggan who launched the attack for the game's opening goal, shortly before the half hour mark, picking up the ball deep inside his own half and feeding Jordan Cotterill, who would quickly

forward it to Tom Fry and finally Touray, loose on the right-hand flank.

Running at the Druids goal with intent, Touray's effort was initially saved by Jones, only for Cotterill to execute a sharp, right-footed finish from the rebound, putting the Town in front.

While tempers would briefly flare at one point between Macaulay Southam-Hales and Aaron Simpson, Saturday's match at The Rock was generally played in a good, competitive spirit, and 10th-placed Druids would keep their spirits up to find a way back by the break.

With 39 minutes elapse, former Wrexham stalwart Neil Ashton managed to nip in front of Southam-Hales at

the near post and head the equaliser past Barry goalkeeper Mike Lewis.

Then, in first-half added time, striker James Davies squeezed a left-footed effort between Chris Hugh, Lewis and the goalpost, delighting the home support and putting Druids ahead.

Undoubtedly disappointed by the turn of events, Barry returned for the second period with something to prove and within six minutes, Gavin Chesterfield's side would level the scores at two apiece.

Goalscorer Cotterill would turn creator here, showing good vision and execution to pick out teammate McLaggan inside the Druids' area, allowing McLaggan to chest the ball into space, turn and deliver a spectacular drive into the top corner.

With defending champions The New Saints and resurgent leaders Connah's Quay Nomads racking up big wins, a point would not have been enough for Barry to keep pace at the top.

Fortunately though, there was plenty of action left in this encounter, with a flurry of goals in the final ten minutes solidifying Barry's place within the league's ultra-competitive top three.

As the game entered its 80th minute, a vital breakthrough arrived; and it arrived with style.

Gaining possession inside his own half, Southam-Hales would show little fatigue in carrying the ball onward, showing speed and strength to beat two Druids defenders, before crossing for Touray, who pulled off an exquisite bicycle kick at the back post

to restore Barry's lead.

Having won four of their last five fixtures by a single goal, this 3-2 advantage now looked enough to see them through, but Cotterill particularly had other ideas and the Barry skipper would lay claim to the match ball by the time the final whistle was ultimately blown.

Surging onto the industrious Troy Greening's through ball over the top, Cotterill would soon have the best of a one-on-one with the goalkeeper, confidently converting from outside the penalty area, before celebrating with his signature acrobatics.

Then, after Drew Fahiyah had been felled inside the box, Cotterill stepped up to score the subsequent spot-kick past a protesting Jones completing his hat-trick in the 94th minute.

Cotterill's treble was the first by a Barry player in a Welsh Premier League away game since Dave Toomey completed the feat at Caernarfon Town in December 2001.

Bumped right up to 44 points, Barry now head into Saturday night's Phase One finale against Aberystwyth Town with the chance to regain top spot in the JD Welsh Premier League, pending the outcome of the games involving Nomads and TNS.

Kick-off at Jenner Park is at the later time of 7.30pm, with admission payable at the gate for the regular £7 (adults), £5 (senior citizens/students) and £3 (children).

## Barry RFC fall to the league leaders



**ABOVE and BELOW:** Action from the game - see more pictures from JUDITH DUTTON at [glamorgan-gem.co.uk/sport](http://glamorgan-gem.co.uk/sport).

**LOOKING to close the gap on sides above them, Barry RFC travelled to leaders Abercwmboi in their latest league fixture last Saturday.**

Despite going down to a 29-20 defeat, Barry showed glimpses of their ability to compete and beat the best in the League if only they could put 80 minutes together and tidy up their basic error count, which in this game proved costly.

Starting slowly, Barry were on the defensive from the kick off and Aber were on the front foot, dictating the game. They missed an early penalty chance but finally took the lead from a forward drive at the lineout which put them 7-0 ahead.

Barry were slowly beginning to warm to the task and getting some possession, but were unable to create the space needed.

Aber, enjoying a steady stream of possession, continued to attack and although a kick at goal failed, they soon found themselves further ahead as a Barry clearance failed to find touch, allowing them the time and space to counter and score an unconverted try and a lead of 12 points.

Finally, Barry woke up and attacked from the restart. Although they failed to create a chance they retained the ball, forcing Aber to concede a penalty. A fine kick from wide out by Kyle Barross finally allowed them on the scoreboard.

A slice of luck from an awkward bounce gave Barry their best chance of the afternoon - a chance that wasn't wasted as several pairs of hands were involved before Alyn Evans crossed for the try and with Kyle Barross converting from wide out, the Aber lead was down to 2 points.



A series of penalties against Aber dominated the final minutes of the half and while none were in range, they allowed Barry to hold the upper hand and cause concern to the Aber ranks for a half time score of 12-10.

The early minutes of the second half saw the teams probing, but two solid defences limited the number of chances for either side.

Unfortunately, Barry began to concede penalties which confused both sets of supporters but allowed Aber to get some territory. The stalemate was broken as Aber drove a lineout from a penalty to score a converted try and the lead increased to 9 points.

Worse was to come as a clearance by Barry failed to find touch, leaving the defence out of position giving Aber the easiest of tries which was again converted and the two-point deficit had quickly become 16.

With still some 20 minutes remaining, it was important for Barry to get the next score. Getting themselves into the home 22 they probed the line, got very close and maintained possession to finally breach the defence as Alyn Evans crossed for his second

## The Bosons deliver a creditable performance

**WE are only a couple of days into the New Year and already there is chess being played in the East Glamorgan League.**

Only one game has taken place this week when the Cardiff Bishops played the Barry Bosons.

Division 1 is a little odd this season. The Woodpushers and Kings are fighting their own battle for the title.

Two of the Cardiff teams, Castles and Bishops, sit on their own in the middle of the table. The remaining six teams are effectively fighting to avoid relegation.

The Bosons currently sit in the middle of this latter group but have played at least one more match than all of the

others. None of these teams has managed to win more than two matches so far.

In a normal season, to be relatively safe from relegation, 40 points is the target. However this year it seems likely that a far lower target may prove to be sufficient to avoid the drop.

Our aim, while we try to win every match, is to win another four games out of our remaining nine fixtures. A tall order perhaps but it can be attained if all our selected players can perform to or above the level indicated by their individual ratings.

In our match against the Bishops, Matthew Davies, Ken Hannah and Mark Cooke all earned draws against higher rated opponents meaning we lost 3.5-1.5, a

creditable performance.

The Barry Chess Club meets at 7.30pm each Monday at the West End Club, St Nicholas Road, Barry, CF62 6QY.

The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night but if you contact one of the club members through the website we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival.

For more details visit our website at [barrychessclub.yolasite.com](http://barrychessclub.yolasite.com).

**Phil Jones**

AJ